

**FACULTY OF FOOD SCIENCE &
TECHNOLOGY**

**SYLLABUS FOR THE BATCH FROM THE YEAR
2023 TO YEAR 2024**

Programme Code: **BEST**

Programme Name: **Bachelor of Food Science and
Technology [Honours](Semester I-VIII)**

Examinations: 2023-2024



Department of **Food Science and Technology**

Khalsa College, Amritsar

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(c) Please visit the College website time to time.

S.No.	PROGRAMME OBJECTIVES
1.	Students will be able to apply principles of Food Processing to identify and analyze complex problems originating in the food industry in food preparation and preservation.
2.	To prepare students to design system components or processes to meet the specific needs for public health and safety along with cultural societal and environmental considerations.
3.	To prepare students to manage multidisciplinary projects and manage finances for the running projects.
4.	To provide skills of food manufacturing and processing. The knowledge of various processes of food makes this as an ideal choice for a successful career.
5.	To make students aware of various advance technologies practiced in food industry

S.No.	PROGRAMME SPECIFIC OUTCOMES (PSOS)
PSO-1	To familiarize students with the food components, analytical leadings, instrumentals and various processing techniques used in the processing and preservation of foods.
PSO-2	To make students understand various handling storage, processing, packaging, and entrepreneurship techniques along with the environmental challenges.
PSO-3	To enhance the capability of students to identify, analyze and solve to problem arising in food industries in the process of preparation & preservation of foods.
PSO-4	To strengthen the foundation of students to build up their career in food industry or to pursue career in food as well as interdisciplinary areas or to establish their entrepreneurship ventures.
PSO-5	To equipped students with knowledge to get job in government sector ad private field.

**ORDINANCES FOR BACHELOR OF FOOD SCIENCE AND TECHNOLOGY (HONOURS)-
FOUR YEAR DEGREE PROGRAMME as per NEP (2023-2024)**

1. Eligibility for Admission and duration of the courses

A Candidate who has passed Plus Two (Science) exam. of the Punjab School Education Board / C.B.S.E. / I.C.S.E. with 40% marks.

Any other examination recognized as equivalent to the (a) above by the GNDU (with at least 40% marks in Science group) is eligible to join the course.

2. Fee

Every candidate shall pay such fee as the College may prescribe from time to time.

3. Scheme of Instructions-Examination

For each examination, every student admitted to the courses under the semester system must be on the rolls of the institution, and shall send his/her admission form and fees for the examination through the Principal/Head of the Institution, accompanied by the following certificates:

- a) Of having attended at least 75% of the total number of lectures delivered in each theory and practical course separately. Deficiency in lectures may be condoned as per ordinances of college/University. If in a particular semester, a student falls short of attendance in a maximum of two courses, he/she would be permitted to appear in the semester examination of the papers in which he/she fulfils the attendance requirements. The course/s in which the student does not fulfill the minimum attendance requirements, he/she shall not be permitted to appear in the semester examination of such course/s, and shall be declared as having failed in such course/s. A student who is falling short of attendance in maximum of two courses, he/she shall be required to attend the minimum number of lectures which were falling short, during next year when the course/s is/are offered.
- b) Of having good moral character.
- c) The syllabi, courses of reading and regulations for the courses shall be notified by the College from time to time, and shall be deemed to constitute integral part of the ordinances. Course evaluation under the semester system of evaluation shall be done on marks basis. If a course has both the theory and practical components, the student will be required to pass both the components, separately. However, if the student fails in theory, but is passing in practical of that course, he/she will be required to clear the theory paper only, and vice-versa.

4. Carry on system for various semester examinations.

I. Courses having two semester duration:

- a. There shall be no condition for promoting a student from first semester to second semester.
- b. **For certificate courses/UG/PG Diploma** - In case a student fails to pass all the courses/papers within a period of two semesters (One Year), he/she shall be given two consecutive semesters (one year) more to pass.
- c. **For one year degree course-** In case a student fails to pass all the courses/papers within a period of two semesters (One Year), he/she shall be given two year more

to pass.

II. Courses having four semester duration:

- a. There shall be no condition for promoting a student from first semester to second semester.
- b. However the student shall be promoted to the third semester only if he/she has passed at least 50% courses/papers of the first two semesters.
- c. There shall be no condition for promoting a student from third semester to fourth semester.
- d. In case a student fails to pass all the courses/papers within a period of four semesters (Two Years), he/ she shall be given four consecutive semesters (Two Years) more to pass.

III. Courses having six semester duration:

- a. There shall be no condition for promoting a student from first semester to second semester
- b. However, the student shall be promoted to the third semester only if he/she has passed atleast 50% courses/papers of the first two semesters.
- c. There shall be no condition for promoting a student from third semester to fourth semester.
- d. However a student shall be promoted to fifth semester only if he/she has passed atleast 50% courses/ papers of the first four semesters.
- e. There shall be no condition for promoting a student from fifth semester to sixth semester. After a period of six semesters the student shall be given a period of two consecutive years to pass.

IV. Courses having eight semester duration:

- a. There shall be no condition for promoting a student from first semester to second semester.
- b. A student shall be promoted to the third semester only if he/she has passed atleast 50% courses/papers of the first two semesters, but there will be no condition for promoting a student from third semester to fourth semester.
- c. A student shall be promoted to fifth semester only if he/she has passed at least 50% courses/papers of the first four semesters.
- d. There shall be no condition for promoting a student from fifth semester to sixth semester.
- e. A student shall be promoted to seventh semester only if he/she has passed at least 50% courses/ papers of the first six semesters.
- f. There will be no condition for promoting a student from seventh semester to eight semester and after a period of eight semesters, the student shall be given a period of two consecutive years to pass.

V. Courses having ten semester duration:

- a. There shall be no condition for promoting a student from first semester to second

semester

- b. A student shall be promoted to the third semester only if he/she has passed atleast 50% courses/papers of the first two semesters, but there will be no condition for promoting a student from third semester to fourth semester.
- c. A student shall be promoted to fifth semester only if he/she has passed at least 50% courses/papers of the first four semesters.
- d. There shall be no condition for promoting a student from fifth semester to sixth semester.
- e. A student shall be promoted to seventh semester only if he/she has passed at least 50% courses/ papers of the first six semesters.
- f. There will be no condition for promoting the student from seventh semester to eighth semester.

However, a student shall be promoted to ninth semester only if he/she has passed at least 50% courses/papers of the first eight semesters.

- g. There will be no condition for promoting the student from ninth semester to tenth semester.
- h. After a period of ten semesters, the student will be given a period of two consecutive years more to pass.

Note:1. No special chance or exemption shall be allowed beyond what is stated in the above Ordinances.

Note:2. Failing students shall appear in the examination in the regular semester examinations next year i.e., reappear of examination for an odd semester shall be conducted along with the next odd semester, and even semester along with the next even semester and there shall be no special supplementary examinations.

Note:3. If 50% of the courses/papers required to pass involve a fraction, the fraction of the course/paper will be treated as a full course. For example, if in a year there are 13 courses in two semesters, the candidate will be required to pass minimum of 7 courses/papers.

VI. The medium of instructions shall be English.

VII. Maximum time allowed to pass a degree is given in the table below *:

<i>Programme duration</i>	<i>Maximum time to complete a degree</i>
Five years	Seven years
Four years	Six years
Three years	Five years
Two years	Four years
One year*	Three years

*For certificate course/UG/PG Diploma maximum time limit is N+1.

VIII. The candidate shall be treated to be failing in the courses offered in the semester in which

he has not sought admission/ dropped the semester and such courses/papers in which the candidate has failed shall be taken into account while deciding the promotion of the candidate in subsequent semesters as per the condition. The candidate shall be required to seek admission into the dropped/ gap semester examination as a regular candidate at the end of the prescribed duration of the course, but within the maximum time allowed to pass a course as given above table VII of the ordinances, provided that he fulfills all other requirements under the prevailing ordinances. Regular students admitted to a programme shall register/enroll themselves with the college in the very first semester of their admission and pay prescribed fee to the college/University. Direct admission to second semester is not allowed. The above shall also apply to all such courses in which admission to a college is a prerequisite as a regular student.

The above provision is extended to all the Under Graduate, Post Graduate Courses & Diplomas. This provision shall also be extended for subsequent semesters.

5. Course Credit

Each course shall have a certain number of credits assigned to it depending upon the academic load of the course assessed on the basis of weekly contact hours of lecture, tutorial and laboratory classes, assignments or field study and/or self study.

Generally, each course shall have an integer number of credits reflecting its weightage. The number of credits of a course in a semester shall ordinarily be calculated as under:

- (1) **Lectures/Tutorials:** One lecture hour per week shall normally be assigned one credit. One hour of tutorial per week shall be assigned one credit. Theory courses shall be generally two to four credits, and tutorials one credit each. For determining the credits of a theory course, lectures and tutorials shall be added.
- (2) **Practicals:** Two laboratory hours per week shall be assigned one credit. Courses other than Lectures /Tutorials shall be treated as practical courses.

The Course credits for each course shall be given as L-T-P. For example, 3-1-0 will mean that it is a lecture based course and has 3 lectures, 1 tutorial, and no practical assigned to it. Similarly, a course with 0-0-2 means that it is a practical course with 4 hours of class work. Credit will be assigned to seminar, dissertation, project etc. under the practical component. Generally the course work per semester will be 20 to 30 credits. A student shall register for a minimum of 20 credits in a semester. Syllabi will be designed with minimum credits required to complete a degree as follows:

Duration of Degree Programme	Minimum Credits
One year	45
Two year	90
Three year	135
Four year	180
Five year	225

6. Grading System

The Grading will follow Credit-Based System, the details of which are given below:

While undertaking the course work, the following terms are defined:

'Course' means a paper.

'Credit' means weightage assigned to a course

'Grade' means a letter grade assigned to a student on a 10 point scale.

'Grade point' means points assigned to a letter grade.

'Semester Grade Point Average' (SGPA) means weighted average of grades in a semester.

$$SGPA = \frac{\sum_{i=1}^m (G_i \times C_i)}{\sum_{i=1}^m C_i},$$

Where G_i are the grade points obtained by a student in the i^{th} registered course and C_i are the credits of the i^{th} registered course and 'm' is the number of courses registered by a student in a particular semester.

$$\sum_{i=1}^m (G_i \times C_i) = \text{Total grade points obtained by a student in a semester,}$$

$$\sum_{i=1}^m C_i = \text{Total credits registered by the student in that semester.}$$

Or

$$SGPA = [(G_1 \times C_1) + (G_2 \times C_2) + \dots + (G_m \times C_m)] / [C_1 + C_2 + \dots + C_m]$$

'Cumulative Grade Point Average' (CGPA) means weighted average of grades in all the semesters computed at the end of any semester or at the end of the course completion.

$$CGPA = \frac{\sum_{i=1}^n (G_i \times C_i)}{\sum_{i=1}^n C_i}$$

7. Assignments

In courses involving project report/ dissertation/thesis/case study/ status report/training report/term report or any other such assignment, the candidate shall be required to submit any such assignment, required in the partial fulfillment of the degree, by the 31st May of the last semester of the course, in which he/ she is registered. The Principal may, however, give an extension of one month after this date i.e., up to 30th June. Grant of further Extension/Condonation of delay in receipt of such an assignment will be made and governed as per the college rules. Assignments /dissertation/Thesis shall be evaluated by an examiner deputed by Head of department / Chairman board of Studies/Principal of the college.

8. Discipline

Each student shall be under the control and discipline of the college. In case of any misconduct on the part of a student, the college shall have a power to take disciplinary action against the defaulter, to the extent of cancellation of admission of the defaulting student from the rolls of the institution.

9. Minimum Credits and Minimum CGPA required for a degree

The credits for the courses in which a student has obtained 'P' (minimum passing grade for a course) grade or higher shall be counted as Credits earned by him/her. A student shall have to earn a minimum of such number of Credits as may be required for the award of a degree in a particular course/discipline. A student, who has obtained a minimum CGPA of 4 and earned a minimum number of Credits as per scheme as specified for the programme, shall be eligible for the award of the respective degree.

- a) A student shall be required to maintain a minimum of 4 CGPA at the end of the final semester of his/her degree programme. If his/her CGPA falls below 4 at the end of final semester, the student will be declared as having failed in that particular year and will have to seek readmission in the odd semester of the particular year. For Example: In three year UG programme, the candidate having failed in the (final) 6th semester will have to seek readmission in the 5th semester.
- b) A student getting 'F' grade in any course will be treated as having failed in that course. If he/she fails in a course, he/she will have to repeat the course and will have to obtain at least 'P' grade in that course within the maximum period defined above in Table VII to complete the degree for that programme.
- c) A student who does not complete the programme of study within the minimum duration of the course of his/her study, or gets 'F' grade in any course shall not be eligible for any merit position/medal/award of the College.

Notes:

1. All such students who were admitted under the non-credit based system before the implementation of credit based evaluation and grading system will be governed under the prevalent respective Ordinances of non-credit based System of examination till they pass such classes/courses.
2. The clauses which are not covered under these Common Ordinances be read with their respective Ordinances and other general rules.
3. Clauses relating to medium of instructions, duration of courses, eligibility, re-appear etc. which have not been mentioned under the new Common Ordinances will remain the same as per the previous ordinances.

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) SEMESTER I-II

COURSE SCHEME											
SEMESTER-I											
Course Code	Course Name	Hours/Week	Credits			Total Credits	Marks				Page No.
			L	T	P		Th	P	Int A.	Total	
Ability Enhancement Courses											
BCSE-1122	Communication Skills in English	4	3	-	1	4	60	15	25	100	11
BHPB-1101	Punjabi Compulsory OR	4	4	-	-	4	75	-	25	100	13
BPB1-1102	Basic Punjab (<i>Mudhli</i> Punjabi)										14
BPHC-1104	OR PUNJAB HISTORY & CULTURE(From Earliest Times to C 320)										15
Value Added Courses											
ZDA111	Drug Abuse: Problem, Management and Prevention PROBLEM OF DRUG ABUSE	2	2	-	-	2	50	-	-	50	17
Major Courses											
BFST11-101	Fundamentals of Food Nutrition	6	3	2	1	6	75	35	40	150	19
BFST11-102	Introductory Biochemistry	6	3	2	1	6	75	35	40	150	21
BFST11-103	Principles of Food Preservation	6	3	2	1	6	75	35	40	150	23
Minor Courses											
BFST11-104	Crop Science	4	2	1	1	4	50	25	25	100	25
Skill Enhancement Courses											
BFST11-105	Fundamentals of Food Hygiene	2	2	-	-	2	40	-	10	50	26
	CURRENT AFFAIRS (NC)	1	1	-	-	1	-	-		-	

NC-Non Credit

SEMESTER - II											
Course Code	Course Name	Hours/Week	Credits			Total Credits	Max Marks				Page No.
			L	T	P		Th	P	IA	Total	
Ability Enhancement Courses											
BCSE-1222	Communication Skills in English	4	3	-	1	4	60	15	25	100	27
BHPB-1201	Punjabi	4	4	-	-	4	75	-	25	100	29
BPBI-1202	Compulsory OR Basic Punjab (<i>Mudhli</i> Punjabi) OR PUNJAB										30
BPHC-1204	HISTORY & CULTURE(From Earliest Times to C 320)										31
Value Added Courses											
ZDA121	Drug Abuse: Problem, Management and Prevention PROBLEM OF DRUG ABUSE	2	2	-	-	2	50	-	-	50	33
Major Courses											
BFST12-201	General Microbiology	6	3	2	1	6	75	35	40	150	35
BFST12-202	Food Chemistry	6	3	2	1	6	75	35	40	150	37
BFST12-203	Food Additives	6	3	2	1	6	75	35	40	150	39
Minor Courses											
CS-FST-121	Introduction to Computers	4	2	1	1	4	50	25	25	100	41
Skill Enhancement Courses											
BFST12-204	Food Processing	2	2	-	-	2	40	-	10	50	44
	CURRENT AFFAIRS (NC)	1	1	-	-	1	-	-	-	-	

NC-Non-Credit

((Changed)
2023-26
SEMESTER-I
COMMUNICATION SKILLS IN ENGLISH
BCA/B.Sc. IT/ Bio Tech/BFST/BJMC/B.Sc(Fashion Designing)/B.Mm /BIMT/B.Sc. (Artificial
Intelligence and Data Science)
Code:BCSE-1122

L	T	P	Credits
3	0	1	4

Time: 3 Hours

Max. Marks: 100

Theory: 60

Practical: 15

Internal Assessment: 25

Suggested Pattern of Question Paper:

The question paper will be divided into two sections. Section A will consist of Twelve(12) questions of One(1) mark each. Section B will consist of Six questions of Eight(8) marks each. There will be internal choice wherever possible.

Section A

1. Do as directed
Articles, Conjunctions and Prepositions

(12X1=12 Marks)

Section B

1. Reading Skills: Reading Tactics and strategies; Reading purposes–kinds of purposes; Reading for direct meanings.
2. Comprehension questions of an unseen passage
3. Personal letter and Official/Business letters
4. Writing notices/agenda/minutes for public circulation on topics of professional interest.
5. Writing resume or converting a biographical note into resume
6. Translation from English to Vernacular (Punjabi/ Hindi) (Isolated Sentences)

(6X8=48 Marks)

Course Objectives:

- I: To develop competence in written communication.
- II: To inculcate innovative and critical thinking among the students.
- III: To enable them to grasp the application of communication theories.
- IV: To acquire knowledge of the latest technology related to communication skills.
- V: To provide knowledge of multifarious opportunities in the field of this programme.

Course Contents:

1. **Reading Skills:** Reading tactics and strategies; Reading purposes–kinds of purposes and associated comprehension; Reading for direct meanings; Reading for understanding concepts, details, coherence, logical progression and meanings of phrases/ expressions.

Activities:

- a) Active reading of passages on general topics
- b) Reading newspaper, articles, editorials etc.
- c) Short questions based on content and development of ideas of a given paragraph.

2. Writing Skills: Guidelines for effective writing; writing styles for application, resume, personal letter, official/ business letter, memo, notices etc.

Activities:

- a) Personal and business letters.
- b) Converting a biographical note into a sequenced resume.
- c) Writing notices for circulation/ boards.
- d) Making notes of given passage with headings and sub-headings
- e) Writing newspaper reports based on given heading.

Recommended Books:

1. *Oxford Guide to Effective Writing and Speaking* by John Seely.
2. *The Written Word* by Vandana R Singh, Oxford University Press.
3. *Murphy's English Grammar* (by Raymond Murphy) CUP.

Course Outcomes:

The completion of this course enables students to:

1. Identify common errors in language and rectify them.
2. Develop and expand writing skills through controlled and guided activities.
3. Develop coherence, cohesion and competence in written discourse through intelligible pronunciation.
4. Develop the ability to handle the interview process confidently and learn the subtle nuances of an effective group discourse.
5. Communicate contextually in specific and professional situations with courtesy.

PRACTICAL (Marks: 15)

Course Contents:-

1. Reading dialogues (5 Marks)
2. Rapid reading (5 Marks)
3. Project File (5 Marks)

B. Sc. Hons. (Physics, Chemistry, Maths), B. Sc. Bio Tech./ IT/ Fashion Designing/ Food Sc., B. A. JMC, BCA, B.Sc. in Computational Statistics and Data Analytics, B.Sc. Artificial Intelligence and Data Science, Bachelor of Vocational (B.Voc.) (Software Development, Theatre and Stage Craft, Food Processing, Textile Design & Apparel Technology, Renewable Energy Technology)

Semester-I
Compulsory Course
ਲਾਜ਼ਮੀ ਪੰਜਾਬੀ

Credit & Marks Distribution, Eligibility and Pre-Requisites of the Course

Course title & Code	Total Teaching Hours	Total Credits/ Hours per week	Credit distribution			Total Marks 100		Time Allowed in Exam	Eligibility criteria	Pre-requisite of the course (if any)
			L	T	P	Theory	IA			
ਲਾਜ਼ਮੀ ਪੰਜਾਬੀ BHPB-1101	60	4	4	0	0	75	25	3 Hours	Class 12th pass in any stream	Studied Punjabi up to 10th Standard

ਕੋਰਸ ਦਾ ਉਦੇਸ਼ Course Objective	ਪਾਠ-ਕ੍ਰਮ ਨਤੀਜੇ Course Outcomes (COs)
<ul style="list-style-type: none"> ਵਿਦਿਆਰਥੀਆਂ ਵਿਚ ਸਾਹਿਤਕ ਰੁਚੀਆਂ ਪੈਦਾ ਕਰਨਾ। ਆਲੋਚਨਾਤਮਕ ਰੁਚੀਆਂ ਵਿਕਸਤ ਕਰਨਾ। ਮਾਤ ਭਾਸ਼ਾ ਦੀ ਸਮਝ ਨੂੰ ਵਿਕਸਤ ਕਰਨਾ। 	<ul style="list-style-type: none"> ਉਸ ਵਿਚ ਸਾਹਿਤ ਰੁਚੀਆਂ ਵਿਕਸਤ ਹੋਣਗੀਆਂ। ਉਸ ਵਿਚ ਸਾਹਿਤ ਸਿਰਜਣਾ ਦੀ ਸੰਭਾਵਨਾ ਵਧੇਗੀ। ਉਸ ਵਿਚ ਕਿਸੇ ਵੀ ਵਿਸ਼ੇ ਦਾ ਗਹਿਨ ਅਧਿਐਨ ਕਰਨ ਦਾ ਬੋਧ ਹੋਵੇਗਾ। ਉਹ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦੇ ਨਿਕਾਸ ਤੇ ਵਿਕਾਸ ਬਾਰੇ ਗਿਆਨ ਹਾਸਲ ਕਰਨਗੇ।

ਅੰਕ-ਵੰਡ ਅਤੇ ਪ੍ਰੀਖਿਅਕ ਲਈ ਹਦਾਇਤਾਂ

ਸਿਲੇਬਸ ਦੇ ਚਾਰ ਭਾਗ ਹਨ ਪਰ ਪ੍ਰਸ਼ਨ-ਪੱਤਰ ਦੇ ਪੰਜ ਭਾਗ ਹੋਣਗੇ। ਪਹਿਲੇ ਭਾਗ ਵਿਚ 1.5-1.5 (ਡੇਢ-ਡੇਢ) ਅੰਕ ਦੇ ਅਤਿ-ਸੰਖੇਪ (Objective Type) 10 ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ ਜੋ ਕਿ ਸਾਰੇ ਸਿਲੇਬਸ ਵਿਚੋਂ ਹੋਣਗੇ ਅਤੇ ਸਾਰੇ ਪ੍ਰਸ਼ਨ ਹੱਲ ਕਰਨੇ ਲਾਜ਼ਮੀ ਹੋਣਗੇ। ਸਿਲੇਬਸ ਦੇ ਬਾਕੀ ਚਾਰ ਭਾਗਾਂ ਵਿਚ 02-02 ਲੇਖ ਨੁਮਾ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ। ਹਰੇਕ ਭਾਗ ਵਿਚੋਂ 01-01 ਪ੍ਰਸ਼ਨ ਕਰਨਾ ਲਾਜ਼ਮੀ ਹੋਵੇਗਾ। ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ ਬਰਾਬਰ 15 ਅੰਕ ਹੋਣਗੇ। ਪੇਪਰ ਸੈੱਟਰ ਜੇਕਰ ਚਾਹੇ ਤਾਂ ਪ੍ਰਸ਼ਨਾਂ ਦੀ ਵੰਡ ਅੱਗੋਂ ਵੱਧ ਤੋਂ ਵੱਧ ਚਾਰ ਉਪ-ਪ੍ਰਸ਼ਨਾਂ ਵਿਚ ਕਰ ਸਕਦਾ ਹੈ।

ਨੋਟ: ਇੰਟਰਨਲ ਅਸੈਸਮੈਂਟ 25 ਅੰਕਾਂ ਦੀ ਹੈ। ਇਸ ਪੇਪਰ ਦੇ ਕੁੱਲ ਅੰਕ 75+25=100 ਹਨ।

ਪਾਠ-ਕ੍ਰਮ

ਭਾਗ-ਪਹਿਲਾ

ਸਾਹਿਤ ਦੇ ਰੰਗ, ਡਾ. ਮਹਿਲ ਸਿੰਘ (ਸੰਪਾ.), ਰਵੀ ਸਾਹਿਤ ਪ੍ਰਕਾਸ਼ਨ, ਅੰਮ੍ਰਿਤਸਰ।

ਭਾਗ ਪਹਿਲਾ - ਕਵਿਤਾ ਅਤੇ ਕਹਾਣੀ, ਡਾ. ਮਹਿਲ ਸਿੰਘ ਅਤੇ ਡਾ. ਆਤਮ ਰੰਧਾਵਾ (ਸਹਿ ਸੰਪਾ.)

(ਕਵਿਤਾ ਭਾਗ ਵਿਚੋਂ ਪ੍ਰਸ਼ੰਗ ਸਹਿਤ ਵਿਆਖਿਆ/ਵਿਸ਼ਾ-ਵਸਤੂ। ਕਹਾਣੀ ਭਾਗ ਵਿਚੋਂ ਸਾਰ/ਵਿਸ਼ਾ-ਵਸਤੂ)

ਭਾਗ-ਦੂਜਾ

ਪੰਜਾਬ ਦੇ ਮਹਾਨ ਕਲਾਕਾਰ (ਸੰਪਾ. ਬਲਵੰਤ ਗਾਰਗੀ)

ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਯੂਨੀਵਰਸਿਟੀ, ਅੰਮ੍ਰਿਤਸਰ।

(ਅੰਮ੍ਰਿਤਾ ਸ਼ੇਰਗਿੱਲ ਤੋਂ ਭਾਈ ਸਮੁੰਦ ਸਿੰਘ ਤਕ)

(ਵਿਸ਼ਾ-ਵਸਤੂ/ਸਾਰ/ਨਾਇਕ ਬਿੰਬ)

ਭਾਗ-ਤੀਜਾ

(ੳ) ਪੈਰਾ ਰਚਨਾ (ਤਿੰਨਾਂ ਵਿਚੋਂ ਇਕ)

(ਅ) ਪੈਰਾ ਪੜ੍ਹ ਕੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉੱਤਰ

ਭਾਗ-ਚੌਥਾ

(ੳ) ਭਾਸ਼ਾ ਵੰਨਗੀਆਂ: ਭਾਸ਼ਾ ਦਾ ਟਕਸਾਲੀ ਰੂਪ, ਭਾਸ਼ਾ ਅਤੇ ਉਪ-ਭਾਸ਼ਾ ਵਿਚਲਾ ਅੰਤਰ, ਪੰਜਾਬੀ ਉਪ-ਭਾਸ਼ਾਵਾਂ ਦੇ ਪਛਾਣ-ਚਿੰਨ੍ਹ।

(ਅ) ਪੰਜਾਬੀ ਭਾਸ਼ਾ: ਨਿਕਾਸ ਤੇ ਵਿਕਾਸ।

B. Sc. Hons. (Physics, Chemistry, Maths), B. Sc. Bio Tech./ IT/ Fashion Designing/ Food Sc., B. A. JMC, BCA, B.Sc. in Computational Statistics and Data Analytics, B.Sc. Artificial Intelligence and Data Science, Bachelor of Vocational (B.Voc.) (Software Development, Theatre and Stage Craft, Food Processing, Textile Design & Apparel Technology, Renewable Energy Technology)

Semester-I

Compulsory Course

ਮੁਢਲੀ ਪੰਜਾਬੀ

(In Lieu of Compulsory Punjabi)

Credit & Marks Distribution, Eligibility and Pre-Requisites of the Course

Course title & Code	Total Teaching Hours	Total Credits/ Hours per week	Credit distribution			Total Marks 100		Time Allowed in Exam	Eligibility criteria	Pre-requisite of the course (if any)
			L	T	P	Theory	IA			
ਮੁਢਲੀ ਪੰਜਾਬੀ BPBI-1102	60	4	4	0	0	75	25	3 Hours	Class 12th pass in any stream	NOT Studied Punjabi up to 10th Standard

ਕੋਰਸ ਦਾ ਉਦੇਸ਼ Course Objective	ਪਾਠ-ਕ੍ਰਮ ਨਤੀਜੇ Course Outcomes (COs)
<ul style="list-style-type: none"> ਵਿਦਿਆਰਥੀ ਨੂੰ ਗੁਰਮੁਖੀ ਲਿਪੀ ਤੋਂ ਜਾਣੂ ਕਰਾਉਣਾ। ਵਿਦਿਆਰਥੀ ਨੂੰ ਸ਼ੁੱਧ ਪੰਜਾਬੀ ਪੜ੍ਹਨਾ-ਲਿਖਣਾ ਸਿਖਾਉਣਾ। ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦੀਆਂ ਵਿਆਕਰਨਕ ਬਾਰੀਕੀਆਂ ਤੋਂ ਜਾਣੂ ਕਰਾਉਣਾ। ਸ਼ੁੱਧ ਸੰਚਾਰ ਨੂੰ ਵਿਕਸਤ ਕਰਨਾ। 	<ul style="list-style-type: none"> ਵਿਦਿਆਰਥੀ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਅਤੇ ਗੁਰਮੁਖੀ ਲਿਪੀ ਦੀ ਸਿਖਲਾਈ ਵਿਚ ਮੁਹਾਰਤ ਹਾਸਲ ਕਰਨਗੇ। ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਵਿਚ ਮੁਹਾਰਨੀ, ਲਗਾਂ-ਮਾਤਰਾਂ, ਸਵਰ ਅਤੇ ਵਿਅੰਜਨ ਅੱਖਰਾਂ ਦੀ ਪਛਾਣ ਅਤੇ ਵਰਤੋਂ ਸੰਬੰਧੀ ਸਮਝ ਵਿਕਸਿਤ ਹੋਵੇਗੀ। ਵਿਦਿਆਰਥੀ ਸ਼ੁੱਧ ਪੰਜਾਬੀ ਲਿਖਣ-ਪੜ੍ਹਨ ਦੇ ਸਮਰੱਥ ਹੋਣਗੇ। ਉਹ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦੇ ਸ਼ੁੱਧ ਰੂਪਾਂ ਦੀ ਜਾਣਕਾਰੀ ਹਾਸਲ ਕਰਨਗੇ।

ਅੰਕ-ਵੰਡ ਅਤੇ ਪ੍ਰੀਖਿਅਕ ਲਈ ਹਦਾਇਤਾਂ

ਸਿਲੇਬਸ ਦੇ ਚਾਰ ਭਾਗ ਹਨ ਪਰ ਪ੍ਰਸ਼ਨ-ਪੱਤਰ ਦੇ ਪੰਜ ਭਾਗ ਹੋਣਗੇ। ਪਹਿਲੇ ਭਾਗ ਵਿਚ 01-01 ਅੰਕ ਦੇ ਅਤਿ-ਸੰਖੇਪ ਉੱਤਰ ਵਾਲੇ (Objective Type) 11 ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ ਜੋ ਕਿ ਸਾਰੇ ਸਿਲੇਬਸ ਵਿਚੋਂ ਹੋਣਗੇ ਅਤੇ ਸਾਰੇ ਪ੍ਰਸ਼ਨ ਹੱਲ ਕਰਨੇ ਲਾਜ਼ਮੀ ਹੋਣਗੇ। ਪ੍ਰਸ਼ਨ ਪੱਤਰ ਦੇ ਦੂਸਰੇ ਭਾਗ ਵਿਚ, ਸਿਲੇਬਸ ਦੇ ਪਹਿਲੇ ਭਾਗ ਵਿਚੋਂ ਤਿੰਨ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ। ਜਿੰਨ੍ਹਾਂ ਵਿਚੋਂ ਕੋਈ ਦੋ ਪ੍ਰਸ਼ਨ ਹੱਲ ਕਰਨੇ ਹੋਣਗੇ। ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ ਬਰਾਬਰ 8-8 ਅੰਕ ਹੋਣਗੇ। ਇਸੇ ਤਰ੍ਹਾਂ ਪ੍ਰਸ਼ਨ ਪੱਤਰ ਦੇ ਤੀਸਰੇ ਭਾਗ ਵਿਚ ਤਿੰਨ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ ਜਿੰਨ੍ਹਾਂ ਵਿਚੋਂ ਦੋ ਪ੍ਰਸ਼ਨ ਹੱਲ ਕਰਨੇ ਹੋਣਗੇ। ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ ਬਰਾਬਰ 8-8 ਅੰਕ ਹੋਣਗੇ। ਭਾਗ ਚੌਥੇ ਵਿਚ ਪੰਜ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ। ਜਿੰਨ੍ਹਾਂ ਵਿਚੋਂ ਚਾਰ ਪ੍ਰਸ਼ਨ ਹੱਲ ਕਰਨੇ ਹੋਣਗੇ। ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ ਬਰਾਬਰ 4-4 ਅੰਕ ਹੋਣਗੇ। ਭਾਗ ਪੰਜਵੇਂ ਵਿਚ ਦਸ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ। ਜਿੰਨ੍ਹਾਂ ਵਿਚੋਂ 8 ਪ੍ਰਸ਼ਨ ਕਰਨੇ ਲਾਜ਼ਮੀ ਹੋਣਗੇ। ਹਰ ਪ੍ਰਸ਼ਨ ਦੇ 2-2 ਅੰਕ ਹੋਣਗੇ।

ਨੋਟ: ਇੰਟਰਨਲ ਅਸੈਸਮੈਂਟ 25 ਅੰਕਾਂ ਦੀ ਹੈ। ਇਸ ਪੇਪਰ ਦੇ ਕੁੱਲ ਅੰਕ 75+25=100 ਹਨ।

ਪਾਠ-ਕ੍ਰਮ

ਭਾਗ-ਪਹਿਲਾ

(ੳ) ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਤੇ ਗੁਰਮੁਖੀ ਲਿਪੀ:

ਨਾਮਕਰਣ ਤੇ ਸੰਖੇਪ ਜਾਣ-ਪਛਾਣ: ਗੁਰਮੁਖੀ ਵਰਣਮਾਲਾ, ਅੱਖਰ ਕ੍ਰਮ, ਸਵਰ ਵਾਹਕ (ੳ, ਅ, ਏ), ਲਗਾਂ-ਮਾਤਰਾਂ, ਪੈਰ ਵਿਚ ਬਿੰਦੀ ਵਾਲੇ ਵਰਨ, ਪੈਰ ਵਿਚ ਪੈਣ ਵਾਲੇ ਵਰਨ, ਬਿੰਦੀ, ਟਿੱਪੀ, ਅੱਧਕ

(ਅ) ਸਿਖਲਾਈ ਤੇ ਅਭਿਆਸ

ਭਾਗ-ਦੂਜਾ

ਗੁਰਮੁਖੀ ਆਰਥੋਗਰਾਫੀ ਅਤੇ ਉਚਾਰਨ:

ਸਵਰ, ਵਿਅੰਜਨ: ਮੁਢਲੀ ਜਾਣ-ਪਛਾਣ ਅਤੇ ਉਚਾਰਨ, ਮੁਹਾਰਨੀ, ਲਗਾਂ-ਮਾਤਰਾਂ ਦੀ ਪਛਾਣ

ਭਾਗ-ਤੀਜਾ

ਪੰਜਾਬੀ ਸ਼ਬਦ-ਜੋੜ: ਮੁਕਤਾ (ਦੋ ਅੱਖਰਾਂ ਵਾਲੇ ਸ਼ਬਦ, ਤਿੰਨ ਅੱਖਰਾਂ ਵਾਲੇ ਸ਼ਬਦ), ਸਿਹਾਰੀ ਵਾਲੇ ਸ਼ਬਦ, ਬਿਹਾਰੀ ਵਾਲੇ ਸ਼ਬਦ, ਅੱਕੜ ਵਾਲੇ ਸ਼ਬਦ, ਦੁਲੈਂਕੜ ਵਾਲੇ ਸ਼ਬਦ, ਲਾਂ ਵਾਲੇ ਸ਼ਬਦ, ਦੁਲਾਵਾਂ ਵਾਲੇ ਸ਼ਬਦ, ਹੋੜੇ ਵਾਲੇ ਸ਼ਬਦ, ਕਨੌੜੇ ਵਾਲੇ ਸ਼ਬਦ, ਲਗਾਖਰ (ਬਿੰਦੀ, ਟਿੱਪੀ, ਅੱਧਕ) ਵਾਲੇ ਸ਼ਬਦ

ਭਾਗ-ਚੌਥਾ

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ਸ਼ੁੱਧ-ਅਸ਼ੁੱਧ ਸ਼ਬਦ

**KHALSA COLLEGE AMRITSAR
(An Autonomous College)**

BA, B.A. SS/ B. A. (Hons. – English), B. Com. (Hons., Regular, Account. & Finance), B. Sc. Bio-Tech./Comp. Sc./Eco./Fashion Designing/Food Science/IT/Med./Non Med., B.Sc. (Hons. –Botany, Chemistry, Mathematics, Physics, Zoology),i B. of Mult.; B. in Int. & Mob. Tech.; BBA; BCA; BJMC; B. Voc. (Software Development, Theatre and Stage Craft, Food Processing, Textile Design & Apparel Technology)

SEMESTER–I

PUNJAB HISTORY & CULTURE (From Earliest Times to C 320 BC)(Special Paper in lieu of Punjabi compulsory)

(For those students who are not domicile of Punjab)

Course Code: BPHC-1104

Credit: 04

L- T- P

04-0-0

Time: 3 Hours

Total Marks: 100

Theory: 75

Internal Assessment: 25

Instructions for the Paper Setters:

Question paper should consist of two sections—Section A and Section B. The paper setter must ensure that questions in Section–A do not cover more than one point, and questions in Section–B should cover at least 50 per cent of the theme.

Section–A: The examiner will set 15 objective type questions out of which the candidate shall attempt any 10 questions, each carrying 1½ marks. The total weightage of this section will be 15 marks. Answer to each question should be in approximately one to two sentences.

Section–B: The examiner will set 8 questions, two from each Unit. The candidate will attempt 4 questions selecting one from each Unit in about 1000 words. Each question will carry 15 marks. The total weightage of this section will be 60 marks.

Note: The examiner is to set the question paper in two languages: English & Hindi.

Course Objectives: The main objective of this course is to educate the history and culture of the Ancient Punjab to the students who are not domicile of the Punjab. It aims to familiarize these students with the physical features of ancient Punjab and its impact on its history and culture. It also provides them information about the different sources to construct the history and culture of the ancient Punjab. The course intends to provide knowledge of social, economic, religious life of the Harappan civilization, Indo-Aryans, teachings and impact of Jainism and Buddhism in the Punjab.

Unit-I

1. Physical features of the Punjab and impact on history.
2. Sources of the ancient history of Punjab.

Unit-II

3. Harappan Civilization: Town planning; social, economic and religious life of the Indus Valley People.
4. The Indo-Aryans: Original home and settlement in Punjab.

Unit-III

5. Social, Religious and Economic life during Rig Vedic Age.
6. Social, Religious and Economic life during later Vedic Age.

Unit-IV

7. Teachings and impact of Buddhism.
8. Jainism in the Punjab.

Suggested Readings:-

L. Joshi (ed), *History and Culture of the Punjab*, Art-I, Patiala, 1989 (3rd edition)

L.M. Joshi and Fauja Singh (ed), *History of Punjab*, Vol. I, Patiala 1977.

Budha Parkash, *Glimpses of Ancient Punjab*, Patiala, 1983.

B.N. Sharma, *Life in Northern India*, Delhi. 1966.

Course Outcomes:

On Completing the Course, the Students will be able to:

- CO-1** Learn the history and culture of the Ancient Punjab.
- CO-2** Study the physical features of ancient Punjab.
- CO-3** Understand about the sources of the history of the Punjab.
- CO-4** Analyse the social, economic, religious life of the Harappan civilization and Vedic-Aryans.
- CO-5** Learn the teachings and impact of Jainism and Buddhism in the Punjab.

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.)-SEMESTER-I**Course Code: ZDA111****Course Title- Drug Abuse: Problem, Management and Prevention****PROBLEM OF DRUG ABUSE****(Compulsory for all Under Graduate Classes)**

Credit hrs./wk.:2

Max. Marks: 50

Time: 3 Hours

Instructions for the Paper Setters:

- 1) There will be a total of 9 questions of which 5 are to be attempted.
- 2) Question 1 is compulsory and having 10 short answer type questions (1 mark each).
- 3) The remaining 8 questions (10 marks each) shall include 2 questions from each unit. Candidates shall be required to attempt 4 questions, one from each unit. Preferably, the question should not be split into more than two sub-parts.

Course Objectives- The course aims to:

CO-1.	Generate the awareness against drug abuse.
CO-2.	Describe a variety of models and theories of addiction and other problems related to substance abuse.
CO-3.	Describe the behavioral, psychological, physical health and social impact of psychoactive substances.
CO-4.	Provide culturally relevant formal and informal education programs that raise awareness and support for substance abuse prevention and the recovery process.
CO-5.	Describe factors that increase likelihood for an individual, community or group to be at risk of substance use disorders.

UNIT-I

- **Meaning of Drug Abuse**
Meaning of drug abuse

Nature and Extent of Drug Abuse: State and National Scenario

UNIT-II

- **Consequences of Drug Abuse for**
Individual: Education, Employment, Income.
Family : Violence.
Society : Crime.
Nation : Law and Order problem.

UNIT-III

- **Management of Drug Abuse**
Medical Management: Medication for treatment of different types of drug abuses.
Medication to reduce withdrawal effects.

UNIT-IV

- Psychiatric Management: Counseling, Behavioral and Cognitive therapy.
- Social Management: Family, Group therapy and Environmental Intervention.

References:

1. Ahuja, Ram (2003), Social Problems in India, Rawat Publication, Jaipur.
2. Extent, Pattern and Trend of Drug Use in India, Ministry of Social Justice and Empowerment, Government of India, 2004.
3. Inciardi, J.A. 1981. The Drug Crime Connection. Beverly Hills: Sage Publications. 23
4. Jasjit Kaur Randhawa & Samreet Randhawa, “Drug Abuse-Problem, Management & Prevention”, KLS, ISBN No. 978-81-936570-6-5, (2018).
5. Jasjit Kaur Randhawa & Samreet Randhawa, “Drug Abuse Problem, Management & Prevention”, KLS, ISBN No. 978-81-936570-8-9, (2019).
6. Jasjit Kaur Randhawa & Samreet Randhawa, “ਡਰੱਗਜ਼ ਦੁਰਵਰਤੋਂ-(ਨਸ਼ਾਖੋਰੀ) ਸਮੱਸਿਆ, ਪ੍ਰਬੰਧਨ ਅਤੇ ਰੋਕਥਾਮ”, KLS, ISBN No. 978-81-936570-7-1, (2018).
7. Jasjit Kaur Randhawa, “Drug Abuse -Management & Prevention”, KLS, ISBN No. 978-93-81278-80-2, (2018).
8. Kapoor. T. (1985) Drug epidemic among Indian Youth, New Delhi: Mittal Pub.
9. Modi, Ishwar and Modi, Shalini (1997) Drugs: Addiction and Prevention, Jaipur: Rawat Publication.
10. National Household Survey of Alcohol and Drug abuse. (2003) New Delhi, Clinical Epidemiological Unit, All India Institute of Medical Sciences, 2004.
11. Rama Gandotra & Jasjit Kaur Randhawa, “ਡਰੱਗਜ਼ ਦੁਰਵਰਤੋਂ-(ਨਸ਼ਾਖੋਰੀ) ਪ੍ਰਬੰਧਨ ਅਤੇ ਰੋਕਥਾਮ”, KLS, ISBN No. 978-93-81278-87-1, (2018).
12. Sain, Bhim 1991, Drug Addiction Alcoholism, Smoking obscenity New Delhi: Mittal Publications.
13. Sandhu, Ranvinder Singh, 2009, Drug Addiction in Punjab: A Sociological Study. Amritsar. Guru Nanak Dev University.
14. Singh, C. P. 2000. Alcohol and Dependence among Industrial Workers: Delhi: Shipra.
15. Sussman, S and Ames, S.L. (2008). Drug Abuse: Concepts, Prevention and Cessation, Cambridge University Press.
16. World Drug Report 2010, United Nations office of Drug and Crime.
17. World Drug Report 2011, United Nations office of Drug and Crime.

Course Outcomes:

The students will be able:

CO-1.	To describe issues of cultural identity, ethnic background, age and gender in prevention, treatment and recovery.
CO-2.	To describe warning sign, symptoms, and the course of substance use disorders.
CO-3.	To describe principles and philosophy of prevention, treatment and recovery.
CO-4.	To describe current and evidenced-based approaches practiced in the field of drug addiction.

(Signature)

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.)-SEMESTER-I
COURSE CODE: BFST11-101
COURSE TITLE: FUNDAMENTALS OF FOOD NUTRITION

Credit Hours (Per Week): 06
(L=3, T=2, P=1 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 150
Theory Marks : 75
Practical Marks: 35
Internal Assessment Marks: 40

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will be aware of nutritional aspect of food, their importance for body, Energy calculations depending on ones physical activity, Concept of balanced diet, Impact of malnutrition on infants and elderly, Metabolic rate calculations, RDA requirement at various phases of life, alternative food choices, using food as medicine, planning of diet for various diseased patients

COURSE CONTENTS:

Theory:

UNIT I

Definitions of Nutrition, Malnutrition and Balanced Diet. Functions of Food, Types of food and food groups. Food Pyramid.

Carbohydrates: Sources and Nutritional functions of Carbohydrates. Requirements and effects of deficiency.

Dietary Fibre: Functions of dietary fibre. Role in health and disease.

Proteins: Sources and Nutritional functions of proteins. Requirements and effects of deficiency of proteins- Protein energy malnutrition (PEM)-Kwashiorkor and marasmus.

UNIT II

Lipids: Sources and Nutritional functions. Types of Fatty acids: saturated and unsaturated; Essential Fatty Acids (EFA). Phospholipids and sterols-Definition and functions.

Energy-Units, determination of energy value of food by Bomb Calorimeter, Basal metabolic rate-factors affecting & measurement of BMR. Recommended Dietary Allowances (RDA), principles and the methods for measurement of RDA and BMI.

UNIT III

Vitamins and Minerals: Fat-soluble and water-soluble vitamins. Sources, importance and functions of Vitamins. Nutritional and health problems due to deficiency or excess of Vitamins.

Importance and functions of minerals-Deficiency diseases of Iodine & Iron.

Water: Functions of water. Dehydration and its treatment.

Practicals:

1. Identification of food sources for various nutrients.
2. Identification and display of basic five food groups and Food Pyramid
3. Demonstration of Bomb Calorimeter
4. Determination of BMR.
5. Determination of BMI
6. Deficiency diseases of Fat-soluble vitamins
7. Deficiency diseases of Water-soluble vitamins

Recommended Books:

1. Swaminathan, M. Essentials of Food and Nutrition. Vol. I and II, Ganesh and Company, Madras.
2. Mudambi, R.S. and Rajagopal, M.Y. (1991). Fundamentals of Food and Nutrition. Wiley Eastern Limited, New Delhi.
3. Davidson, S.R. and Pasmore (1986). Human Nutrition and Dietetics. Church Hill Livingstone, London.
4. Mahan, L.K. and Ecott-Stump, S. (2000). Krause's Food, Nutrition and Diet Therapy, 10th Edition, W.B. Saunders Ltd.
5. Whitney, E.N. and Rolfes, S.R. (2003). Understanding Nutrition, 8th Edition, West Wadsworth, An International Thomson Publishing Co.
6. Srilakshmi (2008). Nutrition Science. New Age International Publishers, New Delhi.

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Understand nutrition and use that knowledge to improve health

CO2: Learn the nutrient needs of people belonging to socially, economically and culturally diverse environment

CO3: Learn the use of food as medicine for better health

CO4: Design diet plans for various health conditions

(Signature)

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER –I
SESSION 2023-24
COURSE CODE: BFST11-102
COURSE TITLE: INTRODUCTORY BIOCHEMISTRY

Credit Hours (Per Week): 06
(L=3, T=2, P=1 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 150
Theory Marks: 75
Practical Marks: 35
Internal Assessment Marks: 40

INSTRUCTIONS FOR THE PAPER SETTERS

Time: 3 Hours

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will be aware of nutritional aspect of food, their importance for body, Energy calculations depending on ones physical activity, Concept of balanced diet, Impact of malnutrition on infants and elderly, Metabolic rate calculations, RDA requirement at various phases of life, alternative food choices, using food as medicine, planning of diet for various diseased patients.

COURSE CONTENTS:

Theory:

UNIT I

Carbohydrates – Introduction, Classification, Structure, and functions of Monosaccharides, Disaccharides and Oligosaccharides. Polysaccharides- Starch, Modified Starch, Dextrin, Glycogen, Cellulose, Hemicellulose, Pectic Substances and Gums.

Proteins – Introduction, Classification, and properties of Amino Acids. Essential Amino acids. Protein structures- Primary, Secondary, Tertiary and Quaternary structure. Biochemical functions and Properties of Proteins.

UNIT II

Lipids – Introduction. Saturated, Unsaturated and Essential fatty acids- their sources, structure and biochemical functions. Oxidation of fatty acids. Triglycerides and phospholipids- Structure, functions and properties.

Vitamins – Introduction. Water-soluble and Fat-soluble vitamins, Their sources, functions and deficiency diseases.

UNIT III

Minerals – Introduction. Importance of Calcium, Phosphorus, Magnesium, Sulphur. Sodium, Potassium and Chlorine. Iron, Zinc, Copper and Iodine.

Digestion and Absorption of carbohydrates, proteins and lipids.

Practicals:

1. Introduction to common instruments used in a Laboratory.
2. Preparation of standard solutions of acid and alkali.
3. Determination of pH using indicators and with pH meter.
4. Determination of moisture in a given sample.
5. Determination of mineral or ash content in a given sample.
6. Determination of acidity in a given sample.
7. Qualitative tests for proteins-Biuret Test; Ninhydrin Test
8. Qualitative tests for sugars and Starch-Fehling's Test, Iodine Test.
9. Determination of total soluble solids in food products.

BOOKS PRESCRIBED:

1. Principles of Biochemistry by Lehinger AL, 1995, CBS Publisher, New Delhi.
2. Text Book of Biochemistry by Rama Rao AVSS, 1999, LK and S Publishers, Visakhapatnam, Indian.
3. Laboratory Manual in Biochemistry by Jay Raman J, 1996, New Age International Ltd. New Delhi.
4. Principles of Biochemistry by M S Batra and Manbir Singh Principles of Biochemistry. 1st Edition. Ane Books Pvt. Ltd.

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Know about importance of Biochemistry

CO2: Learn different structural properties of food components

CO3: Understand metabolism of major food components

CO4: Know about daily requirements and deficiency diseases

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER –I
COURSE CODE: BFST11-103
COURSE TITLE: PRINCIPLES OF FOOD PRESERVATION

Credit Hours (Per Week): 06
(L=3, T=2, P=1 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 150
Theory Marks : 75
Practical Marks: 35
Internal Assessment Marks: 40

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES: The course will tell students about importance of food preservation, Technology involved in preservation, various factors affecting the spoilage and how can we prolong the shelf life of food by implementing those techniques,

COURSE CONTENTS:

Theory:

UNIT-I

Introduction: Definitions of food processing, food preservation and food spoilage, Causes of food spoilage.

Preservation by Heat: Heat resistance of micro-organisms, Thermal Death Time, Heat treatments – Pasteurization, Canning, Aseptic processing.

Preservation by Low Temperature: Refrigeration and Freezing-Freezing curve, Methods of freezing, Changes during freezing.

UNIT-II

Preservation by Drying: Methods of drying–dehydration by Air drying, sun drying and freeze Drying.

Preservation by Concentration Methods, Intermediate moisture foods.

UNIT-III

Microwave Heating: Properties, mechanism, microwave generator and microwave food application.

Preservation by Radiations: Ultraviolet and ionizing irradiations. Their effect on microorganisms, use in the treatment of food.

Practicals:

1. Adequacy of blanching.
2. Dehydration of foods.
3. Preservation of food products by low temperature.
4. Preservation of food products by concentration method.
5. Use of chemicals in preservation of foods.
6. Cut out examination of canned foods.
7. Visit to food industry.

BOOKS PRESCRIBED:

1. Food Microbiology by Frazier WC and West Hoff DC, 1988, Tata McGraw Hill Publishers, New Delhi.
2. Food Science by Potter NN, 2006, CBS Publishers, New Delhi.
3. The Technology of Food Preservation by Desrosier & Desrosier

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Learn the techniques and principles involved in food preservation.

CO2: Know about various methods of preservation

CO3: Learn about different techniques involved in food preservation

CO4: Understand non-thermal methods of food preservation

(Signature)

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) – SEMESTER-I**COURSE CODE: BFST11-104****COURSE TITLE: CROP SCIENCE****CREDIT HOURS (per week): 04****(L=2,T=1, P=1, TOTAL=4)****TOTAL HOURS:60****Time: 3 Hours****Max. Marks: 100****Theory Marks: 50****Practical Marks: 25****Internal Assessment: 25****INSTRUCTIONS FOR THE PAPER SETTERS:**

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Student will get awareness about various food crops, their growing climatic conditions, cultural practices, various fertilizers required w.r.t different crops. Propagation methods of various fruits and vegetables, their handling techniques.

COURSE CONTENTS:**Theory:****UNIT-I**

Classification of crops, Study of the following crops with particular reference to climatic and soil requirements, their improved cultural practices with special emphasis on seed bed preparation, improved varieties, rotations, seed and seed treatment, sowing, manures and fertilizers, irrigation requirements, weed control, harvesting and marketing.

Cereal crops : Paddy, Maize, Wheat

Pulses : Black gram and Soyabean.

UNIT-II

Oilseeds : Sunflower and Mustard.

Vegetables : Tomato, Ladyfinger, Egg plant, Peas, Carrot, Potato.

UNIT-III

Horticultural Crops : Study of fruits with special emphasis on selection of site and soil, their cultural practices with particular reference to training, pruning, propagation methods, harvesting and fruit handling of Mango and Kinnow.

Practicals:

Identification of crops, vegetables and fruits studied. Identification and composition of fertilizers and computation of doses of different fertilizers for different crops. Identification and collection of weeds associated with crops studied.

BOOKS PRESCRIBED:

1. Package of practices for cultivation of fruits and vegetables.
2. Package of practices for crops of Punjab :Rabi and Kharif.

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Know about classification of major crop plants.

CO2: Evaluate and adapt various practices in the production of different food crops.

CO3: Understand the role of various factors affecting growth of farm produce.

CO4: Learn about horticultural practices involved in food crops.

(Signature)

**BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.)-
SEMESTER-I COURSE CODE: BFST11-105
COURSE TITLE: FUNDAMENTALS OF FOOD HYGIENE**

Credit Hours (Per Week): 02
(L=2)
Total Hours:30
Time: 3 Hour

Max. Marks: 50
Theory Marks: 40
Internal Assessment: 10

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

Course objectives:

Tells about importance of food hygiene, food spoilage and its causes, Personal hygiene, reasons for food contamination and pest control.

COURSE CONTENTS

Theory:

UNIT I

Definition of Food hygiene, Importance of Food hygiene.
Physical, chemical and biological hazards, Food spoilage and causes of food spoilage.

UNIT II

Personal Hygiene, Sources of microbial contamination, Cleaning and sanitizing of food manufacturing premises, Good Hygienic Practices (GHP).

UNIT III

Causes of Food poisoning, Prevention of food poisoning, Importance of manufacturing of safe food, Damage to foods due to pests, pest control, Good Manufacturing Practices (GMP).

COURSE OUTCOMES:

CO1: Understand the role of personnel hygiene.

CO2: Students will be able to understand the relationship between food hazards and safe food handling.

CO3: Students will know the concepts of hazard analysis.

CO4: Importance of food hygiene in Food Industry.

(Signature)
(Changed)

2023-26
SEMESTER-II
COMMUNICATION SKILLS IN ENGLISH
BCA/B.Sc IT/ Bio Tech/ BFST/BJMC/B.Sc(Fashion Designing)/ B.Mm /BIMT/B.Sc. (Artificial Intelligence and Data Science)
Code:BCSE-1222

L	T	P	Credits
3	0	1	4

Time: 3 Hours

Max. Marks: 100

Theory: 60

Practical: 15

Internal Assessment: 25

Suggested Pattern of Question Paper:

The question paper will be divided into two sections. Section A will consist of Twelve(12) questions of One(1) mark each. Section B will consist of Six questions of Eight(8) marks each. There will be internal choice wherever possible.

Section A

1. Do as directed
Tenses and Change of voice

(12X1=12Marks)

Section B

1. **Listening Skills:** Barriers to listening; effective listening skills; feedback skills.
2. **Speaking and Conversational Skills:** Components of a meaningful and easy conversation; understanding the cue and making appropriate responses; forms of polite speech; asking and providing information on general topics.
3. Drafting of a short speech on a given topic.
4. Transcoding (given dialogue to prose or given prose to dialogue).
5. Taking notes on a speech/lecture/telephonic conversations .
6. Translation from Vernacular (Punjabi/ Hindi) to English (Paragraph)

(6X8=48 Marks)

Course Objectives:

- I: To develop competence in oral and visual communication.
- II: To inculcate innovative and critical thinking among the students.
- III: To enable them to grasp the application of communication theories.
- IV: To acquire knowledge of the latest technology related to communication skills.
- V: To provide knowledge of multifarious opportunities in the field of this programme.

Course Contents:

1. **Listening Skills:** Barriers to listening; effective listening skills; feedback skills, attending telephone calls; note taking.

Activities:

- a) Listening exercises – Listening to conversation, speech/ lecture and taking notes.

2. **Speaking and Conversational Skills:** Components of a meaningful and easy conversation; understanding the cue and making appropriate responses; forms of polite speech; asking and providing information on general topics, situation based Conversation in English; essentials of Spoken English

Activities:

- a) Conversation; dialogue and speech
- b) Oral description or explanation of a common object, situation or concept.
- c) Interviews and group discussion

Recommended Books:

1. *Oxford Guide to Effective Writing and Speaking* by John Seely.
2. *The Written Word* by Vandana R Singh, Oxford University Press
3. *Murphy's English Grammar* (by Raymond Murphy) CUP

Course Outcomes:

The completion of this course enables students to:

1. Identify common errors in language and rectify them.
2. Develop and expand Oral skills through controlled and guided activities.
3. Develop coherence, cohesion and competence in oral discourse through intelligible pronunciation.
4. Develop the ability to handle the interview process confidently and learn the subtle nuances of an effective group discourse.
5. Communicate contextually in specific and professional situations with courtesy.

PRACTICAL (Marks: 15)

Course Contents:-

1. Oral Presentation. (5 Marks)
2. Group Discussion. (5 Marks)
3. Mock Interview (5 Marks)

The completion of this course enables students to:

1. Identify common errors in language and rectify them.
2. Develop and expand Oral skills through controlled and guided activities.
3. Develop coherence, cohesion and competence in oral discourse through intelligible pronunciation.
4. Develop the ability to handle the interview process confidently and learn the subtle nuances of an effective group discourse.
5. Communicate contextually in specific and professional situations with courtesy.

PRACTICAL (Marks: 15)

Course Contents:-

1. Oral Presentation. (5 Marks)
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(Software Development, Theatre and Stage Craft, Food Processing, Textile Design & Apparel Technology, Renewable Energy Techology)

Semester-II

Compulsory Course

ਲਾਜ਼ਮੀ ਪੰਜਾਬੀ

Credit & Marks Distribution, Eligibility and Pre-Requisites of the Course

Course title & Code	Total Teaching Hours	Total Credits/ Hours per week	Credit distribution			Total Marks 100		Time Allowed in Exam
			L	T	P	Theory	IA	
ਲਾਜ਼ਮੀ ਪੰਜਾਬੀ BHPB-1201	60	4	4	0	0	75	25	3 Hours

ਕੋਰਸ ਦਾ ਉਦੇਸ਼ Course Objective	ਪਾਠ-ਕ੍ਰਮ ਨਤੀਜੇ Course Outcomes (COs)
<ul style="list-style-type: none"> ਵਿਦਿਆਰਥੀਆਂ ਵਿਚ ਸਾਹਿਤਕ ਰੁਚੀਆਂ ਪੈਦਾ ਕਰਨਾ। ਆਲੋਚਨਾਤਮਕ ਰੁਚੀਆਂ ਨੂੰ ਵਿਕਸਤ ਕਰਨਾ। ਵਿਦਿਆਰਥੀ ਨੂੰ ਦਫ਼ਤਰੀ ਅਤੇ ਘਰੇਲੂ ਚਿੱਠੀ ਪੱਤਰ ਤੋਂ ਜਾਣੂ ਕਰਵਾਉਣਾ। ਭਾਸ਼ਾਈ ਗਿਆਨ ਵਿਚ ਵਾਧਾ ਕਰਨਾ। 	<ul style="list-style-type: none"> ਉਸ ਅੰਦਰ ਸਾਹਿਤਕ ਰੁਚੀਆਂ ਪ੍ਰਫੁੱਲਿਤ ਹੋਣਗੀਆਂ। ਉਸ ਅੰਦਰ ਸਾਹਿਤ ਸਿਰਜਣਾ ਦੀ ਸੰਭਾਵਨਾ ਵਧੇਗੀ। ਵਿਦਿਆਰਥੀ ਚਿੱਠੀ-ਪੱਤਰ ਦੀ ਲਿਖਣ ਸ਼ੈਲੀ ਤੋਂ ਜਾਣੂ ਹੋਵੇਗਾ। ਉਹ ਭਾਸ਼ਾਈ ਬਣਤਰ ਤੋਂ ਜਾਣੂ ਹੋਵੇਗਾ।

ਅੰਕ-ਵੰਡ ਅਤੇ ਪ੍ਰੀਖਿਅਕ ਲਈ ਹਦਾਇਤਾਂ

ਸਿਲੇਬਸ ਦੇ ਚਾਰ ਭਾਗ ਹਨ ਪਰ ਪ੍ਰਸ਼ਨ-ਪੱਤਰ ਦੇ ਪੰਜ ਭਾਗ ਹੋਣਗੇ। ਪਹਿਲੇ ਭਾਗ ਵਿਚ 1.5-1.5 (ਡੇਢ-ਡੇਢ) ਅੰਕ ਦੇ ਅਤਿ-ਸੰਖੇਪ (Objective Type) 10 ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ ਜੋ ਕਿ ਸਾਰੇ ਸਿਲੇਬਸ ਵਿਚੋਂ ਹੋਣਗੇ ਅਤੇ ਸਾਰੇ ਪ੍ਰਸ਼ਨ ਹੱਲ ਕਰਨੇ ਲਾਜ਼ਮੀ ਹੋਣਗੇ। ਸਿਲੇਬਸ ਦੇ ਬਾਕੀ ਚਾਰ ਭਾਗਾਂ ਵਿਚ 02-02 ਲੇਖ ਨੁਮਾ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ। ਹਰੇਕ ਭਾਗ ਵਿਚੋਂ 01-01 ਪ੍ਰਸ਼ਨ ਕਰਨਾ ਲਾਜ਼ਮੀ ਹੋਵੇਗਾ। ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ ਬਰਾਬਰ 15 ਅੰਕ ਹੋਣਗੇ। ਪੇਪਰ ਸੈੱਟਰ ਜੇਕਰ ਚਾਹੇ ਤਾਂ ਪ੍ਰਸ਼ਨਾਂ ਦੀ ਵੰਡ ਅੱਗੋਂ ਵੱਧ ਤੋਂ ਵੱਧ ਚਾਰ ਉਪ-ਪ੍ਰਸ਼ਨਾਂ ਵਿਚ ਕਰ ਸਕਦਾ ਹੈ।

ਨੋਟ: ਇੰਟਰਨਲ ਅਸੈਸਮੈਂਟ 25 ਅੰਕਾਂ ਦੀ ਹੈ। ਇਸ ਪੇਪਰ ਦੇ ਕੁੱਲ ਅੰਕ 75+25=100 ਹਨ।

ਪਾਠ-ਕ੍ਰਮ

ਭਾਗ-ਪਹਿਲਾ

ਸਾਹਿਤ ਦੇ ਰੰਗ, ਡਾ. ਮਹਿਲ ਸਿੰਘ (ਸੰਪਾ.), ਰਵੀ ਸਾਹਿਤ ਪ੍ਰਕਾਸ਼ਨ, ਅੰਮ੍ਰਿਤਸਰ।

ਭਾਗ ਦੂਜਾ - ਵਾਰਤਕ ਅਤੇ ਰੇਖਾ-ਚਿੱਤਰ, ਡਾ. ਪਰਮਿੰਦਰ ਸਿੰਘ, ਡਾ. ਭੁਪਿੰਦਰ ਸਿੰਘ ਅਤੇ ਡਾ.ਕੁਲਦੀਪ ਸਿੰਘ ਢਿੱਲੋਂ (ਸਹਿ ਸੰਪਾ.)

(ਵਾਰਤਕ ਭਾਗ ਵਿਚੋਂ ਸਾਰ/ਵਿਸ਼ਾ-ਵਸਤੂ। ਰੇਖਾ-ਚਿੱਤਰ ਭਾਗ ਵਿਚੋਂ ਸਾਰ/ਨਾਇਕ ਬਿੰਬ)

ਭਾਗ-ਦੂਜਾ

ਪੰਜਾਬ ਦੇ ਮਹਾਨ ਕਲਾਕਾਰ (ਸੰਪਾ. ਬਲਵੰਤ ਗਾਰਗੀ)

ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਯੂਨੀਵਰਸਿਟੀ, ਅੰਮ੍ਰਿਤਸਰ।

(ਸਤੀਸ਼ ਗੁਜਰਾਲ ਤੋਂ ਸੁਰਿੰਦਰ ਕੌਰ ਤਕ)

(ਵਿਸ਼ਾ-ਵਸਤੂ/ਸਾਰ/ਨਾਇਕ ਬਿੰਬ)

ਭਾਗ-ਤੀਜਾ

(ੳ) ਦਫ਼ਤਰੀ ਚਿੱਠੀ ਪੱਤਰ

(ਅ) ਮੁਹਾਵਰੇ ਅਤੇ ਅਖਾਣ

ਭਾਗ-ਚੌਥਾ

(ੳ) ਸ਼ਬਦ-ਬਣਤਰ ਅਤੇ ਸ਼ਬਦ-ਰਚਨਾ - ਪਰਿਭਾਸ਼ਾ ਅਤੇ ਮੁਢਲੇ ਸੰਕਲਪ

(ਅ) ਸ਼ਬਦ-ਸ਼੍ਰੇਣੀਆਂ

B. Sc. Hons. (Physics, Chemistry, Maths), B. Sc. Bio Tech./ IT/ Fashion Designing/ Food Sc., B. A. JMC, BCA, B.Sc. in Computational Statistics and Data Analytics, B.Sc. Artificial Intelligence and Data Science, Bachelor of Vocational (B.Voc.)
(Software Development, Theatre and Stage Craft, Food Processing, Textile Design & Apparel Technology, Renewable Energy Technology)

Semester-II
Compulsory Course
ਮੁਢਲੀ ਪੰਜਾਬੀ

(In Lieu of Compulsory Punjabi)

Credit & Marks Distribution, Eligibility and Pre-Requisites of the Course

Course title & Code	Total Teaching Hours	Total Credits/ Hours per week	Credit distribution			Total Marks 100		Time Allowed in Exam
			L	T	P	Theory	IA	
ਮੁਢਲੀ ਪੰਜਾਬੀ BPBI-1202	60	4	4	0	0	75	25	3 Hours

ਕੋਰਸ ਦਾ ਉਦੇਸ਼ Course Objective	ਪਾਠ-ਕ੍ਰਮ ਨਤੀਜੇ Course Outcomes (COs)
<ul style="list-style-type: none"> ਵਿਦਿਆਰਥੀ ਅੰਦਰ ਸ਼ਬਦ ਬਣਤਰ ਦੀ ਸਮਝ ਵਿਕਸਤ ਕਰਨਾ। ਵਿਦਿਆਰਥੀ ਨੂੰ ਸ਼ਬਦ ਪ੍ਰਕਾਰ ਬਾਰੇ ਜਾਣਕਾਰੀ ਪ੍ਰਦਾਨ ਕਰਨਾ। ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦੇ ਵਿਆਕਰਨਕ ਪ੍ਰਬੰਧ ਸੰਬੰਧੀ ਗਿਆਨ ਕਰਾਉਣਾ। ਸਿਖਲਾਈ ਤੇ ਅਭਿਆਸ ਦੁਆਰਾ ਪੰਜਾਬੀ ਸ਼ਬਦ ਭੰਡਾਰ ਵਧਾਉਣਾ। 	<ul style="list-style-type: none"> ਉਹ ਪੰਜਾਬੀ ਸ਼ਬਦ-ਬਣਤਰ ਦੀ ਜਾਣਕਾਰੀ ਹਾਸਲ ਕਰਕੇ ਭਾਸ਼ਾਈ ਗਿਆਨ ਨੂੰ ਵਿਕਸਿਤ ਕਰਨਗੇ। ਪੰਜਾਬੀ ਸ਼ਬਦ-ਰਚਨਾ ਸੰਬੰਧੀ ਮੁਹਾਰਤ ਹਾਸਲ ਕਰਨਗੇ। ਵਿਦਿਆਰਥੀ ਸ਼ਬਦਾਂ ਦੀਆਂ ਭਿੰਨ-ਭਿੰਨ ਕਿਸਮਾਂ ਤੋਂ ਜਾਣੂ ਹੋਵੇਗਾ। ਵਿਦਿਆਰਥੀਆਂ 'ਚ ਨਿੱਤ ਵਰਤੋਂ ਦੀ ਪੰਜਾਬੀ ਸ਼ਬਦਾਵਲੀ ਭੰਡਾਰ 'ਚ ਵਾਧਾ ਹੋਵੇਗਾ।

ਅੰਕ-ਵੰਡ ਅਤੇ ਪ੍ਰੀਖਿਅਕ ਲਈ ਹਦਾਇਤਾਂ

ਸਿਲੇਬਸ ਦੇ ਚਾਰ ਭਾਗ ਹਨ ਪਰ ਪ੍ਰਸ਼ਨ-ਪੱਤਰ ਦੇ ਪੰਜ ਭਾਗ ਹੋਣਗੇ। ਪਹਿਲੇ ਭਾਗ ਵਿਚ 01-01 ਅੰਕ ਦੇ ਅਤਿ-ਸੰਖੇਪ ਉੱਤਰ ਵਾਲੇ (Objective Type) 11 ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ ਜੋ ਕਿ ਸਾਰੇ ਸਿਲੇਬਸ ਵਿਚੋਂ ਹੋਣਗੇ ਅਤੇ ਸਾਰੇ ਪ੍ਰਸ਼ਨ ਹੱਲ ਕਰਨੇ ਲਾਜ਼ਮੀ ਹੋਣਗੇ। ਪ੍ਰਸ਼ਨ ਪੱਤਰ ਦੇ ਦੂਜੇ ਭਾਗ ਵਿਚ, ਸਿਲੇਬਸ ਦੇ ਪਹਿਲੇ ਭਾਗ ਵਿਚੋਂ ਤਿੰਨ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ। ਜਿੰਨ੍ਹਾਂ ਵਿਚੋਂ ਕੋਈ ਦੋ ਪ੍ਰਸ਼ਨ ਹੱਲ ਕਰਨੇ ਹੋਣਗੇ। ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ ਬਰਾਬਰ 8-8 ਅੰਕ ਹੋਣਗੇ। ਇਸੇ ਤਰ੍ਹਾਂ ਪ੍ਰਸ਼ਨ ਪੱਤਰ ਦੇ ਤੀਸਰੇ ਭਾਗ ਵਿਚ ਤਿੰਨ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ ਜਿੰਨ੍ਹਾਂ ਵਿਚੋਂ ਦੋ ਪ੍ਰਸ਼ਨ ਹੱਲ ਕਰਨੇ ਹੋਣਗੇ। ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ ਬਰਾਬਰ 8-8 ਅੰਕ ਹੋਣਗੇ। ਭਾਗ ਚੌਥੇ ਵਿਚ ਪੰਜ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ। ਜਿੰਨ੍ਹਾਂ ਵਿਚੋਂ ਚਾਰ ਪ੍ਰਸ਼ਨ ਹੱਲ ਕਰਨੇ ਹੋਣਗੇ। ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ ਬਰਾਬਰ 4-4 ਅੰਕ ਹੋਣਗੇ। ਭਾਗ ਪੰਜਵੇਂ ਵਿਚ ਤਿੰਨ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ। ਜਿੰਨ੍ਹਾਂ ਵਿਚੋਂ ਦੋ ਪ੍ਰਸ਼ਨ ਕਰਨੇ ਲਾਜ਼ਮੀ ਹੋਣਗੇ। ਹਰੇਕ ਪ੍ਰਸ਼ਨ ਦੇ ਬਰਾਬਰ 8-8 ਅੰਕ ਹੋਣਗੇ।

ਨੋਟ: ਇੰਟਰਨਲ ਅਸੈਸਮੈਂਟ 25 ਅੰਕਾਂ ਦੀ ਹੈ। ਇਸ ਪੇਪਰ ਦੇ ਕੁੱਲ ਅੰਕ 75+25=100 ਹਨ।

ਪਾਠ-ਕ੍ਰਮ
ਭਾਗ-ਪਹਿਲਾ

ਪੰਜਾਬੀ ਸ਼ਬਦ-ਬਣਤਰ:

ਧਾਤੂ, ਵਧੇਤਰ (ਅਗੇਤਰ, ਮਧੇਤਰ, ਪਿਛੇਤਰ), ਪੰਜਾਬੀ ਕੋਸ਼ਗਤ ਸ਼ਬਦ ਅਤੇ ਵਿਆਕਰਨਕ ਸ਼ਬਦ

ਭਾਗ-ਦੂਜਾ

ਪੰਜਾਬੀ ਸ਼ਬਦ-ਪ੍ਰਕਾਰ:

(ੳ) ਸੰਯੁਕਤ ਸ਼ਬਦ, ਸਮਾਸੀ ਸ਼ਬਦ, ਦੋਜਾਤੀ ਸ਼ਬਦ, ਦੋਹਰੇ/ਦੁਹਰਕਤੀ ਸ਼ਬਦ ਅਤੇ ਮਿਸ਼ਰਤ ਸ਼ਬਦ

(ਅ) ਸਿਖਲਾਈ ਤੇ ਅਭਿਆਸ

ਭਾਗ-ਤੀਜਾ

ਪੰਜਾਬੀ ਸ਼ਬਦ-ਰਚਨਾ:

ਇਕ-ਵਚਨ/ਬਹੁ-ਵਚਨ, ਲਿੰਗ-ਪੁਲਿੰਗ, ਬਹੁਅਰਥਕ ਸ਼ਬਦ, ਸਮਾਨਅਰਥਕ ਸ਼ਬਦ, ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਲਈ ਇਕ ਸ਼ਬਦ, ਸ਼ਬਦ ਜੁੱਟ, ਵਿਰੋਧਅਰਥਕ ਸ਼ਬਦ, ਸਮਨਾਮੀ ਸ਼ਬਦ

ਭਾਗ-ਚੌਥਾ

ਨਿੱਤ ਵਰਤੋਂ ਦੀ ਪੰਜਾਬੀ ਸ਼ਬਦਾਵਲੀ

ਖਾਣ-ਪੀਣ, ਸਾਕਾਦਾਰੀ, ਰੁੱਤਾਂ, ਮਹੀਨਿਆਂ, ਗਿਣਤੀ, ਮੌਸਮ, ਬਜ਼ਾਰ, ਵਪਾਰ, ਧੰਦਿਆਂ ਨਾਲ ਸੰਬੰਧਿਤ

KHALSA COLLEGE AMRITSAR
(An Autonomous College)

B. A.; B.A. (SS); B. A. (Hons. – English); B. Com. (Hons., R, Ac. & Finance); B. Sc. Bio-Tech./Comp. Sc./Eco./FD/Food Sc./IT/Med./N.Med.; B.Sc. (Hons. –Botany, Chemistry, Mathematics, Physics, Zoology); B. of Mult.; B. in Int. & Mob. Tech.; BBA; BCA; BJMC; B. Voc. (Software Development, Theatre and Stage Craft, Food Processing, Textile Design & Apparel Technology)

SEMESTER–II

PUNJAB HISTORY & CULTURE (C 321 BC TO 1000 A.D.)

(Special Paper in lieu of Punjabi compulsory)
(For those students who are not domicile of Punjab)

Course Code: BPHC-1204

Credit: 04

L- T- P

04-0-0

Time: 3 Hours

Total Marks: 100

Theory: 75

Internal Assessment: 25

Instructions for the Paper Setters:

Question paper should consist of two sections—Section A and Section B. The paper setter must ensure that questions in Section–A do not cover more than one point, and questions in Section–B should cover at least 50 per cent of the theme.

Section–A: The examiner will set 15 objective type questions out of which the candidate shall attempt any 10 questions, each carrying 1½ marks. The total weightage of this section will be 15 marks. Answer to each question should be in approximately one to two sentences.

Section–B: The examiner will set 8 questions, two from each Unit. The candidate will attempt 4 questions selecting one from each Unit in about 1000 words. Each question will carry 15 marks. The total weightage of this section will be 60 marks.

Note: The examiner is to set the question paper in two languages: English & Hindi.

Course Objectives: The main objective of this course is to educate the students who are not domicile of the Punjab about the history and culture of the Ancient Punjab. It is to provide them knowledge about the social, economic, religious, cultural and political life of the people of the Punjab during the rule of various dynasties such as The Mauryans, The Khushans, The Guptas, The Vardhanas and other ancient ruling dynasties of the period under study.

Unit-I

1. The Punjab under Chandragupta Maurya and Ashoka.
2. The Kushans and their Contribution to the Punjab.

Unit-II

3. The Punjab under the Gupta Emperors.
4. The Punjab under the Vardhana Emperors

Unit-III

5. Political Developments 7th Century to 1000 A.D.
6. Socio-cultural History of Punjab from 7th Century to 1000 A.D.

Unit-IV

7. Development of languages and Literature.
8. Development of art & Architecture.

Suggested Readings:-

- L. Joshi (ed.), *History and Culture of the Punjab*, Part-I, Patiala, 1989 (3rd edition).
- L.M. Joshi and Fauja Singh (ed), *History of Punjab*, Vol.I, Patiala 1977.
- Budha Parkash, *Glimpses of Ancient Punjab*, Patiala, 1983.
- B.N. Sharma, *Life in Northern India*, Delhi. 1966.

Course Outcomes:

On completing the course, the students will be able to:

- CO-1** Understand the history and culture of the Punjab in Ancient Period.
- CO-2** Analyse social, economic, religious, cultural and political life of Ancient Indian dynasties.
- CO-3** Study about the political developments from 7th century to 1000 AD.
- CO-4** Understand socio-cultural history of the Punjab from 7th century to 1000 AD.
- CO-5** Analyse language, literature, art and architecture of Ancient Punjab.

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.)- SEMESTER-II

Course Code: ZDA121

Course Title-DRUG ABUSE: PROBLEM, MANAGEMENT AND PREVENTION DRUG ABUSE: MANAGEMENT AND PREVENTION

(Compulsory for all Under Graduate Classes)

Time: 3 Hours

Credit hrs/wk.: 2
Max. Marks: 50

Instructions for the Paper Setters:

- 1) There will be a total of 9 questions of which 5 are to be attempted.
- 2) Question 1 is compulsory and having 10 short answer type questions (1 mark each).
- 3) The remaining 8 questions (10 marks each) shall include 2 questions from each unit. Candidates shall be required to attempt 4 questions, one from each unit. Preferably, the question should not be split into more than two sub-parts.

Course Objectives:

The course aim is to

CO-1.	Describe the role of family in the prevention of drug abuse.
CO-2.	Describe the role of school and teachers in the prevention of drug abuse.
CO-3.	Emphasize the role of media and educational and awareness program.
CO-4.	Provide knowhow about various legislation and Acts against drug abuse.

UNIT-I

- **Prevention of
Drug abuse**

Role of family: Parent child relationship, Family support, Supervision, Shaping values,
Active Scrutiny.

UNIT-II

- School: Counseling, Teacher as role-model.
- Parent-teacher-Health Professional Coordination, Random testing on students.

UNIT-III

- **Controlling Drug Abuse**

Media: Restraint on advertisements of drugs, advertisements on bad effects of drugs,
Publicity and media, Campaigns against drug abuse, Educational and awareness
program

UNIT-IV

Legislation: NDPS act, Statutory warnings, Policing of Borders, Checking
Supply/Smuggling of Drugs, Strict enforcement of laws, Time bound trials.

References:

1. Extent, Pattern and Trend of Drug Use in India, Ministry of Social Justice and Empowerment, Government of India, 2004.
2. Gandotra, R. and Randhawa, J.K. 2018। ਡਰੱਗਜ਼ ਦੁਰਵਰਤੋਂ (ਨਸ਼ਾਖੋਰੀ) ਪ੍ਰਬੰਧਨ ਅਤੇ ਰੋਕਥਾਮ. Kasturi Lal & Sons, Educational Publishers, Amritsar- Jalandhar.
3. Inciardi, J.A. 1981. The Drug Crime Connection. Beverly Hills: Sage Publications.
4. Modi, Ishwar and Modi, Shalini (1997) Drugs: Addiction and Prevention, Jaipur: Rawat Publication.
5. Randhawa, J.K. and Randhawa, Samreet 2018. Drug Abuse-Management and Prevention. Kasturi Lal & Sons, Educational Publishers, Amritsar- Jalandhar.
6. Sain, Bhim 1991, Drug Addiction Alcoholism, Smoking obscenity New Delhi: Mittal Publications.
7. Sandhu, Ranvinder Singh, 2009, Drug Addiction in Punjab: A Sociological Study. Amritsar: Guru Nanak Dev University.
8. Singh, C. P. 2000. Alcohol and Dependence among Industrial Workers: Delhi: Shipra.
9. World Drug Report 2011, United Nations office of Drug and Crime.
10. World Drug Report 2010, United Nations office of Drug and Crime

Course Outcomes:

The students will be able to:

CO-1.	Understand the importance of family and its role in drug abuse prevention.
CO-2.	Understand the role of support system especially in schools and inter-relationships between students, parents and teachers.
CO-3.	Understand impact of media on substance abuse prevention.
CO-4.	Understand the role of awareness drives, campaigns etc. in drug abuse management.
CO-5	Learn about the Legislations and Acts governing drug trafficking and Abuse in India.

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER –II
COURSE CODE: BFST12–201
COURSE TITLE: GENERAL MICROBIOLOGY

Credit Hours (Per Week): 06
(L=3, T=2, P=1 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 150
Theory Marks : 75
Practical Marks: 35
Internal Assessment Marks: 40

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.
Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVE:

COURSE OBJECTIVE: Students shall know about History of microbiology, parts and usage microscope instrument, various type of microorganisms, their reproduction, their growth and control

COURSE CONTENTS:

Theory:

UNIT-I

Introduction :Discovery of microbial world, theory of spontaneous generation, Germ theory of disease, Koch’s postulates, Nature and properties of prokaryotic and eukaryotic micro-organisms.

Microscopy: Light microscope–Resolving power, Magnification, Bright field, Dark field, Electron microscopy–Transmission Electron microscope, Scanning electron microscope.

UNIT-II

General characteristics and Nutritional requirements: General characteristics of bacteria, yeast, mold, viruses, algae. Nutritional classification of bacteria.

Reproduction of micro-organisms: Brief account of bacteria, yeast, mold and bacteriophage reproduction.

UNIT-III

Microbial Growth : Definition of growth, growth cycle, growth rate, generation time, measurement of growth, effect of environmental factors such as temperature, oxygen, moisture, salt, pH, oxidation- reduction potential and radiations on growth.

Control of Micro organisms: Control of micro organisms by physical and chemical agents.

(Signature)

Practicals:

1. To study different parts of a microscope.
2. Study of instruments (Autoclave, Hot air oven, Incubator, Laminar flow, pH meter, and spectrophotometer) of microbiology laboratory.
3. Preparation of nutrient agar and MacConkey's Agar plates, slants and broth.
4. To study the serial dilution method.
5. To perform pour plate, spread plate and streak plate methods for isolation and enumeration of micro-organisms.
6. To demonstrate acid fast staining.
7. To stain the given bacteria by Gram's staining method.
8. To measure the size of given micro-organisms by ocular and stage micrometer.
9. To determine the number of micro-organisms with a Haemocytometer.
10. To determine the motility of bacteria by hanging drop method.

BOOKS PRESCRIBED:

1. Microbiology by Pelczar M.J., Chan E.C.S. & Krieg N.R., 5th Ed., 1987. McGraw Hill Co, Singapore.
2. General Microbiology by Stanier R.Y., In graham J.L., Wheelies M.L. & Painter P.R. 5th Ed. 1993, The Macmillan Press Ltd., London.
3. Microbiology: A Laboratory Manual by Cappuccino J.G. & Sherman N., 2004. Benjamine-Cummings Publishing Co., USA.
4. Laboratory Manual in Microbiology by Gunase Karan P, 1996, New Age International (P) Ltd. New Delhi.

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Learn about the scope of food microbiology, characteristics of microorganisms, their types and nutritional requirements

CO2: Become aware of various techniques for enumeration and the role of microorganisms in food spoilage

CO3: Study the reproduction of micro organisms

CO4: Understand factors affecting microbial growth in food.

(Signature)

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER –II
COURSE CODE: BFST12–202
COURSE TITLE: FOOD CHEMISTRY

Credit Hours (Per Week): 06
(L=3, T=2, P=1 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 150
Theory Marks : 75
Practical Marks: 35
Internal Assessment Marks: 40

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

It makes students understand functions of various food components and chemical reactions involved, checking adulteration of fats and oils, enzymes, their working mechanisms and important enzymes in food processing

COURSE CONTENTS:

Theory:

UNIT – I

Introduction- Importance of food chemistry. Water in foods, structure and its properties. Water activity, free and bound moisture.

Carbohydrate: Functional properties of sugars and polysaccharides in foods, chemical reactions of carbohydrates-Hydrolysis, Enolization, Mutarotation, Dehydration, Browning reactions, Gelatin

ization and Retrogradation of starch.

Proteins: Common food proteins, Functional properties of proteins, Denaturation, renaturation, Gelation, and Hydrolysis of proteins.

UNIT – II

Lipids: Physical characteristics of lipids, chemical properties of fats (hydrogenation, interesterification, oxidation-rancidity & reversion), Edible fats and oils, Tests to check purity of fats and oils, Emulsions, Lipids of biological importance like cholesterol and phospholipids, functional properties of lipids. Effect of processing on lipids and nutritional aspect of lipids.

UNIT – III

Enzymes: Nomenclature, Definition, mechanism of enzyme action, factors affecting enzyme action, Enzyme inhibition, enzymes important in foods.

(Signature)

Practicals:

1. Determination of reducing sugar in the given food sample.
2. Nitrogen analysis by micro-kjeldahl method.
3. Determination of salt in food products.
4. Qualitative analysis of carbohydrates.
5. Qualitative analysis of proteins in given sample.
6. Qualitative analysis of lipids in the given sample.
7. Determination of food enzymes.
8. Estimation of vitamin C.

BOOKS PRESCRIBED:

1. Food Chemistry by L. H. Mayer.
2. Hand Book of Analysis of Fruits & Vegetables by S. Ranganna.
3. Food Chemistry by Fennemma.

COURSE OUTCOMES:

On completing the course, the students will be able to:

CO1: Understand how food components contribute to overall quality of foods

CO2: Evaluate various reactions involved in different foods.

CO3: Learn about properties and functions of major food components.

CO4: Know about various reactions of food components which affect the quality of food

(Signature)

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.)- SEMESTER II
COURSE CODE: BFST12 – 203
COURSE TITLE: FOOD ADDITIVES

Credit Hours (Per Week): 06
(L=3, T=2, P=1 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 150
Theory Marks: 75
Practical Marks: 35
Internal Assessment Marks: 40

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory. Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES: Student shall understand the classification of food additives and their use in food processing as well as their functions.

COURSE CONTENTS:

Theory:

UNIT-I

Definitions, nutritional and non-nutritional food additives, Uses and functions of Acid, Base, Buffer systems, Salts and chelating/sequestering agents. Low calorie and non-nutritive sweeteners.

UNIT-II

Antioxidants, Emulsifying agents, Stabilizing agents, Anti-caking agents and Humectants.

UNIT-III

Anti-microbial agents / Class I and Class II preservatives, Food colour, Pigments, their importance and utilization, Flavoring agents.

Practicals:

1. Description of generally recommended as safe (GRAS) food additives.
2. Spectrophotometric method for total chlorophyll.
3. Clarification of fruit juices,
4. Use of additives in bakery, fruits, vegetables, milk and meat products.
5. Determination of adulteration in milk, cereals, oils & fats, spices.

BOOKS PRESCRIBED:

1. Food Chemistry, O.R.Fennema
2. Food Chemistry, Belitz, Grosch
3. Food Facts & Principles by Shakuntala Manay N & Shadoksharaswamy N, 1996, New Age, World Publishers.

COURSE OUTCOMES:

On completing the course, the students will be able to:

CO1: Know about various food additives used in food industry

CO2: Understand classes, functions and properties of different additives

CO3: Learn the working mechanisms of different food additives.

CO4: Utilize additives in food processing

(Signature)

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.)
(SEMESTER – II)
(4 YEARS COURSE)
CS-FST-121: Introduction to Computers

Time: 3 Hrs.
Credit Hours (per week): 4

Total Marks: 100
Theory Marks: 50
Practical Marks: 25
Internal Assessment Marks: 25

Note: Medium of Examination is English Language.

Instructions for the Paper Setters:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no.1 will be objective type and compulsory.

Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

Course Objectives:

1.	To familiarize the various parts of computer.
2.	To study application of computers in different fields.
3.	To recall the evolution of computers through various generation.
4.	To acquire the knowledge of working of input and output devices.
5.	To impart the knowledge of operating system and its types.
	Hands on practice of MS office software.

UNIT-I

FUNDAMENTAL OF COMPUTER: Introduction to computer, Applications of computer. Components of computer, Primary and Secondary storage

INTRODUCTION TO WINDOWS: Parts of window screen (Desktop, Window fonts and font size editing Icons), Start menu, Taskbar, settings, application & document window, anatomy of a window (Title bar, minimize, maximize button, control box, scroll bars, scroll buttons, scroll boxes), Window explorer (expansion, collapsing of directory free, copying, moving, deleting files, folder, creating folders), About desktop icons , folder, shortcut creation, setting of screen saver, color settings , wallpaper, changing window appearance.

UNIT-II

MS-WORD: MS–Word 2010: Overview, creating, saving, opening, importing, exporting and inserting files, formatting pages, paragraphs and character, indents and outdents, creating lists and numbering. Headings, styles, fonts and font size editing, positioning and viewing texts, Finding and replacing text, inserting page breaks, page numbers, book marks, symbols and dates. Using tabs and tables, header and footer , mail merge, macros.

UNIT-III

MS Power Point 2010:

Introduction to MS Power point, Power point elements, Templates, Wizards, Views, Exploring Power Point Menu, Working with Dialog Boxes, Adding Text, Adding Title, Moving Text Area, Resizing Text Boxes, Adding Art, starting a New Slide, Starting Slide Show, Saving presentation; Printing Slides, Views (View slide sorter view, notes view, outlines view), Formatting and enhancing text formatting, Creating Graphs (Displaying slide show and adding multi-media)

References:

1. Peter Norton(2010),”Introduction to Computers”, 7th Edition, McGraw-Hill, New Delhi.
- 2.Introduction to Computers and Information Technology (MS office 2010) , by Rama sharma second edition, ABS Publications,2017
- 3.V.Rajaraman ,V ”Fundamental of Computers”,fourth edition,Prentice Hall India,New Delhi,1985
- 4.”Computer Fundamentals” ,PK Sinha,8th edition ,BPB Publications ,2004

Course Outcomes:

At the end of course students will be able to:

CO-1.	Acquire the computer terminology
CO-2.	Gain insight of working of input and output devices.
CO-3.	Develop skills of working with MS-Word, MS-PowerPoint, MS-excel.
CO-4.	Possess the knowledge of importance of operating system in computer.
CO-5	Understand the concept of storing of data in memory and its types
CO-6	Illustrate the role of the computer for personal and professional use

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.)(SEMESTER – II)

PRACTICALS:

WINDOW 7:

1. Personalize the Windows 7 desktop
2. Add and remove gadgets
3. Add shortcuts
4. Move between windows and customize the taskbar
5. Use Windows Explorer and create folders
6. Move and rename folders and copy files
7. Move, rename, and delete files
8. Compress files and use the address bar
9. Describe and find files and folders
10. Resize, move, and scroll windows

MS-WORD 2010:

1. Create a document file, save it and print it.
2. Spell and grammar check the created document file.
3. Creating a Table, editing, entering information into table
4. Mail Merge an invitation to your friends.
5. Apply border to a particular paragraph and shade it 10% with Background yellow colour.

MS-POWER POINT 2010:

1. Create a presentation, save it and print it.
2. Format a presentation with changing the fonts and size and selecting text style and colours.
3. Create a graph, add titles, axes and legends to a graph.
4. Add a Clipart picture to a chart.
5. Slide show

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.)-SEMESTER – II
COURSE TITLE: FOOD PROCESSING
BFST12-204

CREDIT HOURS (per week): 02
(L=2, TOTAL=2)
TOTAL HOURS:30

Maximum Marks:50
Theory Marks-40
Internal assessment-10

Time: 2 Hours

INSTRUCTIONS FOR THE PAPER SETTERS:

Theory: Question paper will be of eight questions in all. All questions will carry equal marks.

Students are required to attempt five questions only.

Question no. 1 (Short answer type) will be compulsory.

Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

- To understand about the scientific aspects of food; their classification, structure, composition, processing methods and nutritive value.
- To familiarize students with composition and nutritive value of fruits and vegetables.

COURSE CONTENTS:

THEORY

UNIT 1

Introduction to Food science- Classification of foods.

Cereal Grains- Structure and composition of cereal grains.

Vegetables and fruits – Composition and nutritive value of fruits and vegetables.

UNIT 2

Pulses – Composition of pulses, Basic processing methods of pulses.

Milk – Composition of milk.

Egg, Poultry and Meat- Nutritive value of egg, poultry and meat.

UNIT 3

Food preservation – Principles of food preservation, Methods of food preservation.

Methods of improving nutritional quality of foods- Germination, fermentation and fortification.

Food adulteration

BOOKS PRESCRIBED:

Food Science: Potter NN.

Food facts and Principals: Manary N.

COURSE OUTCOMES:

- This subject will help students to understand about the scientific aspects of food; their classification, structure, composition, processing methods and nutritive value.
- This subject will also enlighten students about different methods of improving nutritional quality of food and they will be able to understand food preservation techniques.
- Students will also be aware about food adulteration and their detection methods.

KHALSA COLLEGE AMRITSAR

-An Autonomous College

Affiliated to Guru Nanak Dev University, Amritsar.

Session: 2023-24

SEMESTER III - VIII

Syllabus : Bachelor of Food Science & Technology [Honours]

Post-Graduate Department of Food Science & Technology

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) SEMESTER I-VIII (2023-24)

PROGRAMME CODE: BFST

INDEX – I

Code	Subject	Theory	Marks			Page. No.
			Practical	Internal	Total	
		y		l		
SEMESTER-III						
BFST21-301	Food Microbiology	40	20	20	80	58
BFST21-302	Fluid Milk Processing	40	20	20	80	60
BFST21-303	Processing of Meat and Meat Products	40	20	20	80	62
BFST21-304	Post Harvest Management of Fruits and Vegetables	40	20	20	80	64
BFST21-305	Cereal Milling and Legumes	40	20	20	80	66
ESL-221	Environmental Studies – I (Compulsory)	50	-	-	50	68
SEMESTER-IV						
BFST22-401	Processing of Milk Products – I	40	20	20	80	70
BFST22-402	Egg, Poultry and Fish Technology	40	20	20	80	72
BFST22-403	Fruits and Vegetables Processing	40	20	20	80	74
BFST22-404	Processing of Cereals and Legumes	40	20	20	80	76
BFST22-405	Food Plant Hygiene and Sanitation	40	20	20	80	78
ESL - 222	Environmental Studies – II (Compulsory)	50	-	-	50	80
SEMESTER-V						
BFST31-501	Principles of Fermentation Technology	40	20	20	80	83
BFST31-502	Food Packaging – I	40	20	20	80	85
BFST31-503	Confectionery & Sugar Technology	40	20	20	80	87
BFST31-504	Oil & Fat Technology-I	40	20	20	80	89
BFST31-505	Processing of Milk Products – II	40	20	20	80	91

SEMESTER-VI						
BFST32-601	Quality Assurance	40	20	20	80	93
BFST32-602	Grain Storage	40	20	20	80	95
BFST32-603	Food Packaging – II	40	20	20	80	97
BFST32-604	Spices & Flavor Technology	40	20	20	80	99
BFST32-605	Technology of Fermented Foods	40	20	20	80	101
BFST32-606	In Plant Training 4 Weeks	-	-		S/US	103
SEMESTER-VII						
BFST41-701	Food Safety & Food Laws	40	20	20	80	104
BFST41-702	Industrial Microbiology	40	20	20	80	106
BFST41-703	Oil & Fat Technology – II	40	20	20	80	108
BFST41-704	Food Engineering – I	40	20	20	80	110
BFST41-705	Malting & Brewing Technology	40	20	20	80	112
SEMESTER-VIII						
BFST42-801	Food Biotechnology	40	20	20	80	114
BFST42-802	Enzymes In Food Processing	40	20	20	80	116
BFST42-803	Food Engineering – II	40	20	20	80	118
BFST42-804	Food Plant Layout	40	20	20	80	120
BFST42-805	Food Analysis & Instrumentation	40	20	20	80	122

ORDINANCE FOR BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.)

1. Eligibility for Admission and duration of the courses

(a) A Candidate who has passed Plus Two (Science) exam. of the Punjab School Education Board / C.B.S.E. / I.C.S.E. with 40% marks.

(b) Any other examination recognized as equivalent to the (a) above by the GNDU (with at least 40% marks in Science group) is eligible to join the course.

2. Scheme of Instructions-Examination

For each examination, every student admitted to the courses under the semester system must be on the rolls of the institution, and shall send his/her admission form and fees for the examination through the Principal/Head of the Institution, accompanied by the following certificates.

a) Of having attended at least 75% of the total number of lectures delivered in each theory and practical course separately. Deficiency in lectures may be condoned as per ordinances of college/University. If in particular semester, a student falls short of attendance in a maximum of two courses, he/she would be permitted to appear in the semester examination of the papers in which he/she fulfils the attendance requirements. The course/s in which the student does not fulfill the minimum attendance requirements, he/she shall not be permitted to appear in the semester examination of such course/s, and shall be declared as having failed in such course/s. A student who is falling short of attendance in maximum two courses, he/she shall be required to attend the minimum number of lectures which were falling short, during next year when the course/s is/are offered.

b) Of having good moral character.

c) The syllabi, courses of reading and regulations for the courses shall be notified by the university from time to time, and shall be deemed to constitute an integral part of ordinances. Course evaluation under the semester system of evaluation shall be done on marks basis. If a course has both the theory and practical components, the student will be required to pass both the components, separately. However, if the student fails in theory, but is passing in practical examination of that course, he/she will be required to clear the theory paper only, and vice-versa.

d) Carry on system for various semester examinations.

I. Courses having eight semester duration:

a. There shall be no condition for promoting a student from first semester to second semester.

b. A student shall be promoted to third semester only if he/she has passed at least 50% courses/papers of the first two semesters, but there will be no condition for promoting a student from third semester to fourth semester.

c. A student shall be promoted to fifth semester only if he/she has passed at least 50% courses/papers of the first four semesters.

d. There shall be no condition for promoting a student from fifth semester to sixth semester.

e. However, the student shall be promoted to sixth semester only if he/she has passed all the papers of the first semesters.

f. After a period of eight semesters, the student shall be given a period of two consecutive years to pass.

Note 1: No special chance or exemption shall be allowed beyond what is stated in the above Ordinances.

Note 2: Failing students shall appear in the examination in the regular semester examinations next year i.e. reappear of examination for an odd semester shall be conducted along with the next odd semester, and even semester along with the next even semester and there shall be no special supplementary examinations.

Note 3: If 50% of the courses/papers required to pass involve a fraction, the fraction of the course/paper will be treated as a full course. For example, if in a year there are 13 courses in two semesters, the candidate will be required to pass minimum of 7 courses/papers.

e) The pass marks for a course (paper) shall be 35% at Bachelor's Degree level. Pass marks in aggregate for all the courses shall be 40%. Re-evaluation shall be allowed as per ordinances.

If a candidate obtains less than 40% marks in aggregate at the end of final semester/year of his/her course but is pass in all individual papers, the result of such a candidate shall be declared as „fail“, and he/she shall be required to improve his/her score in one or more papers in any of the semesters/year so as to obtain a minimum of 40% marks in aggregate to pass the examination.

f) **The medium of instructions shall be English.**

g) Grace marks will be allowed as per college/University ordinances.

h) Maximum time will be allowed to pass a course is given below

Course duration	Maximum time to complete a degree
Four years	Six years

i) The candidate shall be treated to be failing in the course offered in the semester in which he has not sought admission/dropped the semester and such course/papers in which the candidate has failed shall be taken into account while deciding the promotion of the candidate in subsequent semesters as per the condition. The candidate shall be required to seek admission into the second semester examination as a regular candidate at the end of the prescribed duration of the course, but within the maximum time allowed to pass a course as given under Para (h) of the ordinances, provided that he fulfills all other requirements under the prevailing ordinances. Regular students admitted to a course shall register/enroll themselves with the university in the very first semester of their admission and pay prescribed fee to the college/University. Direct admission to second semester is not allowed.

3. Discipline

Each student shall be under the control and discipline of the concerned institution. In case of any misconduct on the part of a student, the institution shall have a power to take disciplinary action against the defaulter, to the extent of cancellation of admission of the defaulting student from the rolls of the institution.

4. Result-Division-Degree

The successful candidates shall be classified into the following divisions:

- a) **First Division with distinction**-Those who obtain 75% or more marks at the end of their course.
- b) **First Division**-Those who obtain 60% or more marks at the end of their course.
- c) **Second Division**- Those who obtain 50% or more marks, but less than 60% marks at the end of their course.
- d) **Third Division**- Those who obtain 40% or more marks, but less than 50% marks at the end of their course.

The successful candidate shall be awarded the degree in the subject of his/her study indicating the divisions obtained on the basis of the result of all the semester examinations. A student who does not complete the programme of study within the minimum duration of the course of his/her study, or fails in any course, shall not be eligible for any merit position/medal/award of the University.

Programme Specific Outcomes (PSO)

PSO1:-To familiarize students with the food components, analytical leadings, instrumentals and various processing techniques used in the processing and preservation of foods.

PSO2:- To make students understand various handling storage, processing, packaging, and entrepreneurship techniques along with the environmental challenges.

PSO3:To enhance the capability of students to identify, analyze and solve to problem arising in food industries in the process of preparation & preservation of foods.

PSO4:- To strengthen the foundation of students to build up their career in food industry or to pursue career in food as well as interdisciplinary areas or to establish their entrepreneurship ventures.

(III)

IIIrd Semester:**Teaching Periods/Marks**

Course Code	Course title	Credit Hours		Marks			Total
		Theory	Practical	Theory	Practical	Int.	
BFST21-301	Food Microbiology	3	3	40	20	20	80
BFST21-302	Fluid Milk Processing	3	3	40	20	20	80
BFST21-303	Processing of Meat and Meat Products	3	3	40	20	20	80
BFST21-304	Post Harvest Management of Fruits and Vegetables	3	3	40	20	20	80
BFST21-305	Cereal Milling and Legumes	3	3	40	20	20	80
ESL – 221*	Environmental Studies – I (Compulsory)	2	-	50	-	-	50

IVth Semester:**Teaching Periods/Marks**

Course Code	Course title	Credit Hours		Marks			Total
		Theory	Practical	Theory	Practical	Int.	
BFST 22-401	Processing of Milk Products-I	3	3	40	20	20	80
BFST 22-402	Egg, Poultry and Fish Technology	3	3	40	20	20	80
BFST 22-403	Fruits and Vegetables Processing	3	3	40	20	20	80
BFST 22-404	Processing of Cereals and Legumes	3	3	40	20	20	80
BFST 22-405	Food Plant Hygiene and Sanitation	3	3	40	20	20	80
ESL – 222*	Environmental Studies – II (Compulsory)	2	-	50	-	-	50

***Note:** Marks of ESL-221 & ESL-222 are not included in the Total Marks.

Vth Semester:**Teaching Periods/Marks**

Course Code	Course title	Credit Hours		Marks			Total
		Theory	Practical	Theory	Practical	Int.	
BFST31 –501	Principles of Fermentation Technology	3	3	40	20	20	80
BFST31 –502	Food Packaging-I	3	3	40	20	20	80
BFST31 –503	Confectionery & Sugar Technology	3	3	40	20	20	80
BFST31 –504	Oil & Fat Technology - I	3	3	40	20	20	80
BFST31 –505	Processing of Milk Products-II	3	3	40	20	20	80

VlthSemester :

Teaching Periods/Marks

Course Code	Course title	Credit Hours		Marks			Total
		Theory	Practical	Theory	Practical	Int.	
BFST32-601	Quality Assurance	3	3	40	20	20	80
BFST32-602	Grain Storage	3	3	40	20	20	80
BFST32-603	Food Packaging-II	3	3	40	20	20	80
BFST32-604	Spices & Flavour Technology	3	3	40	20	20	80
BFST32-605	Technology of Fermented Foods	3	3	40	20	20	80
BFST32-606	In Plant Training 4 weeks	-	-	-	-		S/US

Last date for submission of Training Report: within 1 week after coming from training.

Note: All the students are required to undergo „In Plant Training“ for 4 weeks in a food processing unit after Vlth semester“s final examinations. Final degree to the students will be awarded subject to their successfully completing the „In Plant Training“. In Plant Training will be evaluated as satisfactory / unsatisfactory internally by the department of the college concerned.

VIIth Semester**Teaching Periods/Marks**

Course Code	Course title	Credit Hours		Marks			Total
		Theory	Practical	Th.	Prt.	Int.	
BFST41-701	Food Safety & Food Laws	3	3	40	20	20	80
BFST41-702	Industrial Microbiology	3	3	40	20	20	80
BFST41-703	Oil & Fat Technology – II	3	3	40	20	20	80
BFST41-704	Food Engineering – I	3	3	40	20	20	80
BFST41-705	Malting & Brewing Technology	3	3	40	20	20	80

VIII

**VIIIth Semester
Teaching Periods/Marks**

Course Code	Course title	Credit Hours		Marks			Total
		Theory	Practical	Th.	Prt.	Int.	
BFST42-801	Food Biotechnology	3	3	40	20	20	80
BFST42-802	Enzymes in Food Processing	3	3	40	20	20	80
BFST42-803	Food Engineering – II	3	3	40	20	20	80
BFST42-804	Food Plant Layout	3	3	40	20	20	80
BFST42-805	Food Analysis & Instrumentation	3	3	40	20	20	80

Note:

1. Marks of ESL-221 & ESL-222 are not included in the total marks.
2. All the students are required to undergo 'In Plant Training' for 4 weeks in a food processing unit after 6th semester's final examinations. Final degree to the students will be awarded subject to their successfully completing the 'In Plant Training'.
3. In Plant Training will be evaluated as satisfactory / unsatisfactory internally by the department of the college concerned.
4. Last date for submission of training Report within 1 Week after coming from training.

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.)-SEMESTER-III
COURSE CODE: BFST21-301
COURSE TITLE: FOOD MICROBIOLOGY

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES: Student shall know about Origin of food microbiology, Factors affecting microbial growth in food, traditional and modern methods of microbial examination in food, Microbial spoilage of different food and food products, Illnesses associated with consumption of contaminated food

COURSE CONTENTS:

Theory:

UNIT-I

Introduction - Origin of food microbiology as science, Food as nutrient for various microorganisms, Factor affecting the growth and survival of microorganisms in foods, General features and importance of different groups of bacteria, yeasts and molds important in foods.

Methods for microbial examination of foods - Traditional, non-traditional and rapid methods for the microbial examination of food and food products.

UNIT-II

Food Spoilage - Microbial and biochemical aspect of food spoilage, role of bacteria, yeast and molds in food spoilage, Spoilage of cereal and cereal products, fruits and vegetables, meat and meat products, milk and milk products, fish and fish products, spoilage of egg and poultry and heated canned foods.

UNIT-III

Food Borne Illness - Food intoxication and food infection, Bacterial food poisoning by *Staphylococcus aureus*, *Clostridium botulinum*, *Salmonella*, *E. coli*, *Clostridium perfringens*, *Listeria monocytogenes*, and *Campylobacter jejuni*, Food borne viruses, Aflatoxicenic molds, Investigation of food borne disease outbreak

Practicals:

1. Sterilization and disinfection of equipment used in food microbiology laboratory.
2. Preparation of media, slant and broths required in the microbial analysis of foods.
3. To count the number of microorganisms by direct microscopic count method.
4. Study of different types of microorganism colony shapes on agar plates.
5. Study of the capsular and spore staining methods.
6. Isolation of fungi from food materials.
7. Study of incubation test of heated canned foods.
8. Study of Dye reduction test of milk.
9. Microbiological analysis of egg, cereal product and fruit product.

BOOKS PRESCRIBED:

1. Frazier WC and Westoff DC "Food Microbiology" 4th edition Tata Mc graw-Hill Publishing
2. Jay JM "Modern Food Microbiology" 3rd edition CBS Publishers and distributors Delhi, 1987
3. Adams MR and Moss MO "Food microbiology" New Age International (P) Ltd. 1996
4. Gunasekaran P. "Laboratory Manual in Microbiology", New Age International (P) Ltd. 1996.

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Know the origin of food microbiology and factors causing food spoilage

CO2: Study the role of microorganisms in causing spoilage of different food products.

CO3: Understand qualitative and quantitative microbiological analysis of food.

CO4: Become aware of role of microorganisms in causing food borne diseases.

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER –III
COURSE CODE: BFST21–302
COURSE TITLE: FLUID MILK PROCESSING

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR THE PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.
Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will understand definition, important constituents, factor affecting quantity and quality of milk, various types of milks available in market and their standards, major processing techniques involved in milk processing at commercial level

COURSE CONTENTS:

Theory:

UNIT-I

Milk: Definition, composition of milk, important characteristics of major constituents of milk i.e. milkfat, milk proteins, lactose and minerals and minor constituents of milk. Factors affecting the quality and quantity of milk produced by milch animals. Physical, chemical and nutritive properties of milk.

UNIT-II

Market Milk: Brief introduction to Standard milk, Toned milk, Double toned milk, Flavoured milk, Vitamin enriched milk, Reconstituted milk and recombined milk. Legal and ISI standards of milk. Adulteration of milk and its detection. Common preservatives used in milk and their detection. Clean milk production.

UNIT-III

Milk Processing: Processes of straining, filtration and clarification.

Standardization: Definition of standardization, purpose and uses of standardization process. Use of Pearson's square method to solve the standardization problems in dairy industry.

Homogenization: Definition, Effect of homogenization on milk. Uses of homogenization. Checking the effectiveness of homogenization.

Pasteurization : Definition, purposes and objects of pasteurization–LTLT and HTST processes of pasteurization.

Sterilization: Definition, Method for manufacturing sterilized flavored milk. UHT process.

Practicals:

1. Sampling equipment and sampling of milk.
2. Platform tests (Acidity, COB and Alcohol test).
3. Organoleptic Tests.
4. Determination of milk fat percentage by Gerber's method.
5. Determination of specific gravity by lactometer.
6. Determination of SNF percentage and TS percentage of milk with lactometer.
7. Detection of common adulterants and preservatives of milk.
8. Reporting on the suitability of milk for heat processing.
9. Reporting on the quality of given sample of milk.
10. Visit to milk processing plants/NDRI, Karnal.

BOOKS PRESCRIBED:

1. Outlines of Dairy Technology by Sukumar De, 1980, Oxford University Press, New Delhi.
2. Milk & Milk Products by Eckles, CH, Combs WB, Macy H, 1997, McGraw Hill Book

COURSE OUTCOME: On completing the course, the students will be able to::

CO1: Know about milk composition and its various physico-chemical properties.

CO2: Learn about various dairy processing unit operations.

CO3: Assess quality of different milks available in market and milk products.

CO4: Standardize different types of milks according to food laws

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER –III
COURSE CODE: BFST21–303
COURSE TITLE: PROCESSING OF MEAT & MEAT PRODUCTS

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.
Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will know about scope of meat processing industry, composition and structure of meat, classification, meat quality, ante- and Post mortem changes in meat, various techniques involved in meat processing

COURSE CONTENTS:

Theory:

UNIT-I

1. Scope of meat processing industry in India.
2. Structure, composition & nutritive value of meat.
3. Classification of meat - Mutton, Pork & Sheep.
4. Meat quality parameters- Meat color, water holding capacity, Marbling, firmness & factors affecting it.

UNIT-II

5. Ante-mortem examination of meat animal, their slaughtering & dressing.
6. Postmortem changes in meat: Rigor mortis, biochemical changes associated with rigor-mortis, conversion of muscle to meat.
7. Methods of tenderization, factors affecting tenderness.

UNIT-III

8. Chilling, freezing, canning, drying, curing & smoking of meat.
9. Mechanical deboning of meat, Restructured meat products, Inter-mediate moisture meats, Meat by-products.

Practicals:

1. Pre slaughter operations of meat animals.
2. Slaughtering and dressing of meat animals.
3. Study of post-mortem changes.
4. Evaluation of meat quality.
5. Preservation of meat by different methods
6. Preservation of meat by pickling method.
7. Preparation of different meat products- canned dehydrated and barbecued.
8. Preparation of sausages, burger, kabab, meat balls, meat patties.
9. Visit to slaughter houses.

BOOKS PRESCRIBED:

1. The Meat We Eat by Romans. JR and Costllo WJ, Carlson WC, Greaser ML and Jones KW, 2004, Interstate Publishers, USA.
2. Meat Science & Applications by Y.H.Hui, Wai-Kit Nip, Robert W. Rogers and Owen A. Young.

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Understand the structural composition, types and quality of meat

CO2: Know about various techniques of slaughtering animals

CO3: Learn about different preservation techniques of meat

CO4: Know novel products available in meat industry.

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER –III
COURSE CODE: BFST21–304
COURSE TITLE: POST HARVEST MANAGEMENT OF FRUITS & VEGETABLES

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR THE PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All

questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students shall know about structure and composition of fruits and vegetables, Various post-harvest losses encountered, their prevention, harvesting methods, importance of maturation and its determination, Physiological process involved in fruits, measurement of respiration rate, Shelf-life, various methods to enhance shelf life of fresh produce.

COURSE CONTENTS:

Theory:

UNIT-I

Post Harvest Technology: Definition, Importance and Scope of Post Harvest Technology in India. Structure and Composition of Fruits and Vegetables.

Post Harvest Losses: Definition, Post harvest losses of fruits and vegetables, Factors affecting postharvest losses, Prevention of post harvest losses, Post harvest loss reduction.

Harvesting: Definition, Importance, Harvesting methods–Manual and Mechanical.

Maturation: Definition, Maturity indices of fruits and vegetables, Importance of maturity indices, Determination of maturity indices.

UNIT-II

Physiology of growth and development of fruits

Climacteric and Non climacteric fruits

Ripening: Definition, Changes during ripening, Ethylene biosynthesis, Artificial Ripening

Measurement of respiration rate-Gas Chromatography and Gas flow method.

Cleaning, Sorting & Grading of fruits and vegetables Post harvest diseases of fruits and vegetables

UNIT-III

Treatments to enhance shelf life of fruits and vegetables:

Physical Treatments: Precooling, Waxing, Curing, Packaging, Vapour heat treatment, Irradiation, thermal treatment.

Chemical treatments: Fungicides and Growth Regulators.

Transportation methods: Mode of transportation of fruits and vegetables - Road, Rail, Sea, Air (Refrigerated and non-refrigerated)

Storage of fruits and vegetables

Definition, Objectives, Factors affecting storage, Methods of Storage

Traditional methods: On sight storage, Pit storage, High altitude cooling, Cellar and Underground, Night ventilation, Zero Energy Cool chamber (ZECC)

Improved storage methods: CAP, MAP, Vacuum packaging, Hypobaric storage.

Practicals:

1. Analyze the maturity stages of fruits and vegetables.
2. To study the effect of pre-packing of fruits and vegetables.
3. To study the effect of pre-cooling of fruits and vegetables.
4. To study the ripening of fruits and vegetables.
5. To study the shelf life of fruits and vegetables at low- temperature.
6. To study the different types of spoilage in fruits and vegetables.
7. To determine the optimum temperature for storage of different fruits and vegetables.
8. To study the effect of wax coating on shelf life of fruits and vegetables.
9. Visit to a cold store and controlled atmosphere storage.

BOOKS PRESCRIBED:

1. Preservation of fruits and vegetables by Girdhari Lal, Sidappa G S and Tandon G L, 1960, ICAR, New Delhi.
2. Food facts & principles by Shanuntala Manay N & Shadoksharaswamy N, 1996, New Age World Publisher, CA.
3. Food Science by Potter, N.N., CBS Publisher, New Delhi.

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Familiarize themselves with different aspects of post- harvest technology and recent developments

CO2: Understand the correlation of physiology and biochemistry of fresh produce with storage issues

CO3: Measure respiration rate of fresh produce quantitatively

CO4: Know about extension of shelf life for fresh produce

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.)-SEMESTER-III
COURSE CODE: BFST21 – 305
COURSE TITLE: CEREAL MILLING AND LEGUMES

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR THE PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.
Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will understand different types of cereals, their structure, milling methods, quality evaluation, composition and milling methods of pulses and legumes, anti-nutritional factors present and their elimination

COURSE CONTENTS:

Theory:

UNIT-I

Cereal grain definition and different types of grains.
Structure and chemical composition of wheat, rice and maize.
Milling criteria and quality criteria for grains.

UNIT-II

Wheat cleaning and conditioning, traditional and modern milling of wheat and flour extraction rate.
Wheat flour- types and usage, Improvers and Bleachers - their principle and action.
Traditional and modern milling of paddy.
Dry and wet milling of maize.

UNIT-III

Introduction and chemical composition of pulses.
Milling or decortication and polishing of pulses.
Anti-nutritional factors present in pulses and their elimination.

Practicals:

1. Determination of physical characteristics of wheat.
2. Determination of physical characteristics of rice.
3. Determination of moisture, ash and crude fibre in cereal grains.
4. Milling of wheat into flour.
5. Milling of paddy to brown rice and white rice.
6. Cooking quality of rice.
7. Visit to flour mill, rice mill and pulse mill.

BOOKS PRESCRIBED:

1. Kent's Technology of Cereals by K. A. Rosentrater and A. D. Evers, 5th Ed., 2018, Woodhead Publishing Ltd., UK.
2. Principle of Cereal Science & Technology by J.A. Delcour and R.C. Hoseney, 3rd Edition., 2010, AACC International, St.Paul, Minn.
3. The Chemistry & Technology of Cereal as Food & Feed by Matz S.A, 1996, CBS Publishers, New Delhi.
4. Food Science by Potter NN, 5th Ed., 2006, CBS Publisher, New Delhi.
5. Technology of cereal, legume and oil seeds by Chakrobarty S. Deor, IBH Publisher.

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Understand structure, composition and processing of major cereals

CO2: Get knowledge about milling of different grains

CO3: Learn about processing of pulses

CO4: Assess quality of different cereal grains

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.)-SEMESTER-III

Course code: ESL-221

Course Title: ENVIRONMENTAL STUDIES-I (COMPULSORY)

Credit Hours (Per Week): 2

Total Hours : 30

Maximum Marks: 50 Marks

Instructions for Paper Setters: The question paper will consist of three sections. Candidate will be required to attempt all the sections. Each unit of the syllabus should be given equal weightage of marks. Paper to be set in English, Punjabi and Hindi.

Section-A: (16 Marks): It will consist of five short answer type questions. Candidates will be required to attempt four questions, each question carrying four marks. Answer to any of the questions should not exceed two pages.

Section-B: (24 Marks): It will consist of five questions. Candidates will be required to attempt four questions, each question carrying six marks. Answer to any of the questions should not exceed four pages.

Section-C: (10 Marks): It will consist of two questions. Candidate will be required to attempt one question (carrying ten marks) only. Answer to the question should not exceed 5 pages.

Course Objectives

CO-1	The main goal of Environmental studies is to create the environmental awareness to create a safe, green and sustainable environment.
CO-2	To make students aware about the importance of ecosystem, types of ecosystem, energy flow in an ecosystem, ecological succession, food chain and food web.
CO-3	To make students aware of water conservation, global warming, consumerism and waste products. and, also about the environmental protection acts.
CO-4	Role of National Service Scheme (NSS). Health and hygiene.

Unit-I

The Multidisciplinary Nature of Environmental Studies:

- Definition, scope & its importance.
- Need for public awareness.

Natural Resources:

- Natural resources and associated problems:
 - a) Forest Resources:** Use of over exploitation, deforestation, case studies. Timber extraction, mining, dams and their effects on forests and tribal people.
 - b) Water Resources:** Use and over-utilization of surface and ground water, floods, drought, conflicts over water, dams-benefits and problems.
 - c) Mineral Resources:** Use and exploitation, environmental effects of extracting and using mineral resources, case studies.
 - d) Food Resources:** World food problems, change caused by agriculture and overgrazing, effects of modern agriculture, fertilizer-pesticide problem, salinity, case studies.
 - e) Energy Resources:** Growing of energy needs, renewable and non-renewable energy resources, use of alternate energy sources, case studies.
 - 1.f) Land Resources:** Land as a resource, land degradation, soil erosion and desertification. Role of an individual in conservation of natural resources. Equitable use of resources for sustainable lifestyles.

Unit-II

Ecosystem:

- Concept of an ecosystem.
- Structure and function of an ecosystem.
- Producers, consumers and decomposers.
- Energy flow in the ecosystem.
- Ecological succession.

- Food chains, food webs and ecological pyramids.

Introduction, types, characteristic features, structure and function of the following ecosystems:

- a. Forest ecosystem
- b. Grassland ecosystem
- c. Desert ecosystem
- d. Aquatic ecosystems (ponds, streams, lakes, rivers, oceans, estuaries)

Unit-III

Social Issues and Environment:

From unsustainable to sustainable development.

Urban problems related to energy.

Water conservation, rain water harvesting, watershed management.

Resettlement and rehabilitation of people; its problems and concerns. Case studies.

Environmental ethics: Issues and possible solutions.

Climate change, global warming, acid rain, ozone layer depletion, nuclear accidents and holocaust. Case studies.

Wasteland reclamation.

Consumerism and waste products.

Environmental Protection Act:

- Air (prevention and Control of Pollution) Act.
- Water (prevention and Control of Pollution) Act.
- Wildlife Protection Act.
- Forest Conservation Act.

Issues involved in enforcement of environmental legislation.

Public awareness.

Unit-IV

National Service Scheme

- **Introduction and Basic Concepts of NSS:** History, philosophy, aims & objectives of NSS; Emblem, flag, motto, song, badge etc.; Organizational structure, roles and responsibilities of various NSS functionaries.
- **Health, Hygiene & Sanitation:** Definition, needs and scope of health education; Food and Nutrition; Safe drinking water, water borne diseases and sanitation (Swachh Bharat Abhiyan); National Health Programme; Reproductive health.

References/Books:

1. Agarwal, K. C. 2001. Environmental Biology, Nidhi Publications Ltd. Bikaner.
2. Bharucha, E. 2005. Textbook of Environmental Studies, Universities Press, Hyderabad.
3. Down to Earth, Centre for Science and Environment, New Delhi.
4. Jadhav, H. & Bhosale, V. M. 1995. Environmental Protection and Laws. Himalaya Pub.
5. Joseph, K. and Nagendran, R. 2004. Essentials of Environmental Studies, Pearson Education (Singapore) Pte. Ltd., Delhi.
6. Kaushik, A. & Kaushik, C. P. 2004. Perspective in Environmental Studies, New Age International (P) Ltd, New Delhi.
7. Miller, T. G. Jr. 2000. Environmental Science, Wadsworth Publishing Co.
8. Sharma, P. D. 2005. Ecology and Environment, Rastogi Publications, Meerut.
9. Booklet on Safe Driving. Sukhmani Society (Suvidha Centre), District Court Complex, Amritsar
10. Kanta, S., 2012. Essentials of Environmental Studies, ABS Publications, Jalandhar.

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER –IV
COURSE CODE: BFST22–401
COURSE TITLE: PROCESSING OF MILK PRODUCTS-I

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will know about Cream, its types, methods of cream separation from milk, use of cream separator, neutralization and ripening of cream, changes associated with ripening, composition and preparation of butter, defects involved, preparation of ghee and its storage.

COURSE CONTENTS:

Theory:

UNIT-I

Cream: Different types of cream with their respective fat content, composition of cream, production methods: gravity methods, mechanical method- by the use of cream separator. Factors affecting the richness of cream produced by cream separator. Efficiency of cream separator. Care of cream separator. Selection of site for setting up creamery.

Neutralization of cream, use of different types of neutralizers, double neutralization of cream. Ripening of cream for butter making: natural ripening, ripening with the use of starter cultures. Objects of cream ripening. Various changes during the ripening of cream

UNIT-II

Butter :Types of butter, composition. Preparation of butter. Factors affecting the churn ability of cream. Churning theories.

Grading of butter:

Requirements of grading room

Grading procedure

Score card method Defects of butter their possible causes and their remedies.

Standards of butter and shelf life

UNIT-III

Ghee: Manufacturing methods of ghee:

Cream method, Butter method, Pre-stratification method

Granularity in ghee, storage of ghee and shelf life.

Practicals:

1. To study the construction and working of a cream separator.
2. Cream separation.
3. Neutralization of cream.
4. Ripening of cream.
5. Preparation of Butter.
6. Determination of moisture content in butter.
7. Preparation of ghee from cream.
8. Preparation of ghee from butter.
9. Visit to different milk plants to learn about cream, butter and ghee processing operations.
10. Visit to N.D.R.I., Karnal.

BOOKS PRESCRIBED:

1. Outlines of Dairy Technology by Sukumar De, 1980, Oxford University Press, UK.
2. Milk & Milk Products by Eckles, Combs, Henery C, and Willes C, 1997, Tata McGraw Hill Publishers, USA.
3. Principles of Dairy Processing by Warner JN, 1976, Wiley Science Publishers, USA.

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Know about manufacturing process of different milk products.

CO2: Learn about composition of various milk products

CO3: Understand various changes related to cream ripening

CO4: Know about various physicochemical properties of different milk products

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER –IV
COURSE CODE: BFST22 – 402
COURSE TITLE: EGG, POULTRY AND FISH TECHNOLOGY

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory. Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

Course Objective

Students shall understand about structure and composition of egg, various technologies involved in egg processing at industrial level, Types of poultry, their ante and post-mortem changes, slaughtering methods, poultry sanitation on poultry waste disposal, Fish composition, processing of fish and fish products.

COURSE CONTENTS:

Theory:

UNIT-I

Structure and composition of egg. Nutritive value, interior qualities, grading, handling, packaging, storage, transportation, freezing, pasteurization, de-sugarization, dehydration, functional properties of eggs.

UNIT-II

Types of Poultry –Hen, Turkey, Ducks, Geese. Ante-mortem examination & slaughtering of hen. Poultry sanitation & waste disposal. MAP of Poultry.

UNIT-III

Types of fish, composition, structure and nutritive value, post – mortem changes in fish, on-board handling, storage and transportation of fish, curing, smoking, salting, canning, freezing and drying of fish, Comminuted Fish Products, Fish protein concentrate, Packaging of fish, Utilization of fish and marine industry by-products.

Practicals:

1. Slaughtering of hen.
2. Determination of egg components.
3. Grading and quality evaluation of eggs.
4. Preservation of shell eggs.
5. Preparation of egg products, boiled, fried, poached, scrambled, omellette.
6. Determination of egg density
7. To check freshness of fish.
8. Chilling & freezing of fish.
9. Preparation of fish & marine products.
10. Visit to industry.

BOOKS PRESCRIBED:

1. Egg Science and Technology by Stadelman WJ, and Cotterill OJ, 2002, CBS Publishers, New Delhi.
2. Poultry Meat and Egg Production by Parkhurst C. and Mountney GJ, 2002, CBS Publishers, New Delhi.
3. Fish Processing & Preservation by Charles L. Cutting

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Know about all commercial aspects of egg processing

CO2: Learn about Types and breeds of poultry important for industrial production, ante and post mortem changes

CO3: Understand Waste utilization and disposal of poultry by-products

CO4: Know about commercial processing of fish and fish products

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.)

COURSE CODE: BFST22 – 403

COURSE TITLE: FRUITS & VEGETABLE PROCESSING

Credit Hours (Per Week): 06

(T=3, P=3 Total=6)

Total Hours:90

Time: 3 Hours

Max. Marks: 80

Theory Marks: 40

Practical Marks: 20

Internal Assessment: 20

INSTRUCTIONS FOR THE PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory. Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will know about classification, chemical composition, nutrition, processing of fresh produce, canning and bottling of fruits and vegetable products, freezing and drying methods, preparation and formulation of different products prepared, processing of tomato and tomato products.

COURSE CONTENTS:

Theory:

UNIT-I

Classification, chemical composition and nutritive value of fruits and vegetables.

Preparing fruits and vegetables for processing-washing, sorting, grading, peeling, blanching, cutting, destoning and pitting.

Canning and bottling of fruits and vegetables products.

UNIT-II

Freezing- General Methods of freezing of fruits and vegetables, their packaging and storage.

Drying of fruits and vegetables.

Definition, formulation, preparation and standards of fruit juices, Squashes and cordials; Fruit syrups, nectar, RTS, pulp.

UNIT-III

Preparation and standards of Jam, Jelly & marmalades, preserve candied and crystallized fruits.

Preparation of Pickles.

Tomato processing-Tomato juice, puree, paste, chutney, sauce, soup and ketchup.

Practicals:

1. Preparation of fruit juice.
2. Preparation of squashes.
3. Preparation of jam, jellies, marmalade.
4. Preparation of potato chips.
5. Preparation of pickles- sweet and sour.
6. Dehydration and sun-drying of fruits and vegetables.
7. Preparation of tomato puree, paste and ketchup.
8. Organoleptic evaluation of fruits and vegetable products.
9. Visit to food industry.

BOOKS PRESCRIBED:

1. Preservation of Fruits and Vegetables by Girdhari Lal , Sidappa G S and Tandon G L, 1960, ICAR, New Delhi.
2. Food Facts & Principles by Shanuntala Manay N & Shadoksharaswamy N ,1996, New Age World Publisher, CA.
3. Food Science by Potter, N.N., CBS Publisher, New Delhi.

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Understand various steps involved in processing of different products

CO2: Learn about standardization and formulation of different products

CO3: Know about available commercial products

CO4: Learn processing of tomatoes in the form of different products

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER –IV
COURSE CODE: BFST22–404
COURSE TITLE: PROCESSING OF CEREALS AND LEGUMES

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.
Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will know about quality evaluation of cereals by using various instruments, bakery ingredients and their role in baking, preparation of various bakery products, parboiling of rice, Processing of rice bran oil, manufacture of corn flakes and corn sweeteners, preparation of various soyabean products.

COURSE CONTENTS:

Theory:

UNIT-I

Quality criteria for wheat flour, physical dough testing instruments, major and minor ingredients used for bakery products, leavening agents.

Preparation methods of bread, cookies and cakes.

UNIT-II

Parboiling of paddy-methods, advantages and disadvantages, various changes during parboiling

Storage and uses of rice bran, extraction of rice bran oil and its use.

Manufacture of corn flakes, tortilla and corn syrup from corn starch.

UNIT-III

Soybean milk and Tofu. Soy protein concentrates and isolates

Protein enriched cereal foods.

Practicals:

1. Preparation of cake or Bread
2. Preparation of biscuits or cookies.
3. Parboiling of paddy.
4. Effect of parboiling on milling efficiency
5. Estimation of free fatty acids in flour and rice bran.
6. Determination of dry and wet gluten in flour.
7. Extraction of oil from rice bran.
8. Visit to food industry.

BOOKS PRESCRIBED:

1. Kent's Technology of Cereals by K. A. Rosentrater and A. D. Evers, 5th Ed., 2018, Woodhead Publishing Ltd., UK.
2. Principle of Cereal Science & Technology by J.A. Delcour and R.C. Hoseney, 3rd Edition., 2010, AACC International, St.Paul, Minn.
3. The Chemistry & Technology of Cereal as Food & Feed by Matz S.A, 1996, CBS Publishers, New Delhi.
4. Pulse Chemistry and Technology by B.K. Tiwari and N. Singh, 2012, RSC Publications, UK.
5. Food Science by Potter NN, 5th Ed., 2006, CBS Publisher, New Delhi.

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Evaluate quality of wheat flour

CO2: Learn manufacturing processes of different bakery products, corn products and rice bran oil

CO3: Know about parboiling of rice and its benefits

CO4: Learn about high protein products available in market

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER –IV
COURSE CODE: BFST22–405
COURSE TITLE: FOOD PLANT HYGIENE AND SANITATION

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR THE PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will understand about personal hygiene, different methods of cleaning and sanitization, various cleaning agents, sanitizing agents, disinfectants used, sanitation in food industry, infestation of rodents, insects and their control, water hygiene, planning and implementation of health personnel.

COURSE CONTENTS:

Theory:

UNIT-I

Importance of personal hygiene of food handler-habits, clothes, illness, education of handler in handling and service.

Cleaning agents and disinfectants.

UNIT-II

Cleaning methods – sterilization, disinfection, heat & chemicals, chemical tests for sanitizer strength.

Food sanitation-Principles & methods, control, inspection.

Sanitation in fruits & vegetables industry, cereals industry, dairy industry, meat, egg & poultry units.

UNIT-III

Control of infestation, rodent control, vector control, Use of pesticides.

Hygiene of water used for processing.

Planning & implementation of training programmes for health personnel.

Practicals:

1. Sterilization of equipments used in the laboratory by using heat and chemicals.
2. Determination of B.O.D
3. Determination of C.O.D
4. Determination of sanitary status of plant equipment.
5. Chlorination of water.
6. To study the bacteriology of water.
7. Chemical analysis of water.

BOOKS PRESCRIBED:

1. Principles of Food Sanitation by Marriott, 5th ed., 2006, CBS Publisher, New Delhi.
2. Hobbs, B. C. and R. J. Gilbert Food Poisoning and Food Hygiene , 4th edition The English Language Book Society and Edward Arnold.
3. Longree K. (1967), Quantity Food Sanitation, Inter science Publishers, New York.
4. Kawata, K. (1963) Environmental Sanitation in India, Lucknow Publisher, New York.
5. Principles of food sanitation –II Edition, AVI Book, Van Nostrand Reinhold, New York.

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Understand importance of personal hygiene and safety rules.

CO2: Know about various cleaning and sanitation methods implemented in plant

CO3: Study role of food sanitation at commercial level

CO4: Tackle pest infestation in a food plant

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER –IV
Course Code: ESL–222
Course Title: ENVIRONMENTAL STUDIES–II (COMPULSORY)

Credit Hours (Per Week): 2
Total Hours : 30

Maximum Marks: 50 Marks

Instructions for Paper Setters: The question paper will consist of three sections. Candidate will be required to attempt all the sections. Each unit of the syllabus should be given equal weightage of marks. Paper to be set in English, Punjabi and Hindi.

Section–A: (16 Marks): It will consist of five short answer type questions. Candidates will be required to attempt four questions, each question carrying four marks. Answer to any of the questions should not exceed two pages.

Section–B: (24 Marks): It will consist of five questions. Candidates will be required to attempt four questions, each question carrying six marks. Answer to any of the questions should not exceed four pages.

Section–C: (10 Marks): It will consist of two questions. Candidate will be required to attempt one question (carrying ten marks) only. Answer to the question should not exceed 5 pages.

Course Objectives

CO-1	To study the concept of Biodiversity – role, importance, values and its conservation. Hot spots and threats to biodiversity.
CO-2	To create awareness regarding environmental pollution, its causes and effects and preventive measure to control the different types of pollution.
CO-3	To make students aware of growing human population – causes and concern. Family welfare programs. Road safety (Traffic) rules.
CO-4	To know about entrepreneurship development and civil/self defense.

Unit-I

Biodiversity and its Conservation:

- Definition: Genetic, species and ecosystem diversity.
- Biogeographical classification of India.
- Value of Biodiversity: Consumptive use; productive use, social, ethical, aesthetic and option values.
- Biodiversity of global, National and local levels.
- India as mega-diversity nation.
- Hot-spots of biodiversity.
- Threats to Biodiversity: Habitat loss, poaching of wild life, man wildlife conflicts.
- Endangered and endemic species of India.
- Conservation of Biodiversity: In situ and Ex-situ conservation of biodiversity.

Unit-II

Environmental Pollution:

➤ Definition, causes, effects and control measures of:

- a) Air Pollution
- b) Water Pollution
- c) Soil Pollution
- d) Marine Pollution
- e) Noise Pollution
- f) Thermal Pollution
- g) Nuclear Hazards

h) Electronic Waste

- Solid Waste Management: Causes, effects and control measures of urban and industrial wastes.
- Role of an individual in prevention of pollution.
- Pollution case studies.
- Disaster Management: Floods, Earthquake, Cyclone and Landslides.

Unit-III

Human Population and the Environment

- Population growth, variation among nations.
- Population explosion-Family welfare programme.
- Environment and human health.
- Human rights.
- Value education.
- HIV/AIDS.
- Women and child welfare.
- Role of information technology in environment and human health.
- Case studies.
- Road Safety Rules & Regulations: Use of Safety Devices while Driving, Do's and Don'ts while Driving, Role of Citizens or Public Participation, Responsibilities of Public under Motor Vehicle Act, 1988, General Traffic Signs.
- Accident & First Aid: First Aid to Road Accident Victims, Calling Patrolling Police & Ambulance.

Unit-IV

National Service Scheme:

- **Entrepreneurship Development:** Definition & Meaning; Qualities of good entrepreneur; Steps/ ways in opening an enterprise; Role of financial and support service Institutions.
- **Civil/Self Defense:** Civil defense services, aims and objectives of civil defense; Needs for self-defense training.

Field Visits:

- Visit to a local area to document environmental assets—river/forest/grassland/hill/ mountain.
- Visit to a local polluted site—Urban/Rural/Industrial/Agricultural.
- Study of common plants, insects, birds.
- Study of simple ecosystems—pond, river, hill slopes etc.
- Contribution of the student to NSS/any other social cause for service of society.
- Visit to Museum/Science City

Note: In this section the students will be required to visit and write on the environment of an area/ ecosystem/village industry/disaster/mine/dam/agriculture field/waste management/hospital etc. with its salient features, limitations, their implications and suggestion for improvement.

References/Books:

1. Agarwal, K. C. 2001. Environmental Biology, Nidhi Publications Ltd. Bikaner.
2. Bharucha, E. 2005. Textbook of Environmental Studies, Universities Press, Hyderabad.
3. Down to Earth, Centre for Science and Environment, New Delhi.
4. Jadhav, H. & Bhosale, V. M. 1995. Environmental Protection and Laws. Himalaya Pub.
5. Joseph, K. and Nagendran, R. 2004. Essentials of Environmental Studies, Pearson Education (Singapore) Pte. Ltd., Delhi.
6. Kaushik, A. & Kaushik, C. P. 2004. Perspective in Environmental Studies, New Age International (P) Ltd, New Delhi.

7. Miller, T. G. Jr. 2000. Environmental Science, Wadsworth Publishing Co.
8. Sharma, P. D. 2005. Ecology and Environment, Rastogi Publications, Meerut.
9. Booklet on Safe Driving. Sukhmani Society (Suvidha Centre), District Court Complex, Amritsar
10. Kanta, S., 2012. Essentials of Environmental Studies, ABS Publications, Jalandhar.

Course Outcomes

CO-1	To know about the meaning of Biodiversity and its role in environment.
CO-2	To know about the causes of different forms of pollution and their control measures.
CO-3	To know about the causes and challenges of growing human population. Women and child welfare programs.
CO-4	To know the development of entrepreneurship and techniques of civil/self defense.

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) SEMESTER-V
COURSE CODE: BFST31– 501
COURSE TITLE: PRINCIPLES OF FERMENTATION TECHNOLOGY

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will know about fermentation microbiology, Fermentation classification, Rate of microbial growth, methods of fermentation, requirements for industrial fermentation process, Construction and working of a Fermenter and its type.

COURSE CONTENTS:

Theory:

UNIT-I

Introduction to fermentation, Fermentation an ancient tradition, Developments in fermentation technology, Scope and future prospects of fermentation microbiology, Gaden's fermentation classification, Rate of microbial growth and death, Rate of Product formation, Classification of food fermentations - Alcoholic, lactic and acetic acid fermentations

UNIT-II

General methods of fermentation – Aerobic fermentation, Anaerobic fermentation, Solid state fermentation, and submerged fermentation, Batch and continuous fermentation. Pre-requisite for Industrial fermentation process

UNIT -III

Component parts of a fermentor and their functions, Peripheral parts and accessories of a fermentor, Online and off-line devices of fermentor, Biosensors in fermentation monitoring, Common measurement and control systems in fermentor, Contamination problems in fermentation process, Computer applications in fermentation process.

Practicals:

1. To study different parts of a fermentor
2. To study the operation /working of a fermentor
3. To study media formulation and sterilization of a fermentation process
4. To study the growth of given microorganism in a batch culture
5. To perform fermentation test for a given microorganism
6. To study the effect of different temperatures on growth of a given Microorganism
7. To study the effect of aeration on growth kinetics of a given Microorganism
8. To study the product synthesis kinetics of any microorganism

BOOKS PRESCRIBED:

1. Principles of Fermentation Technology by Stanbury and Whittaker
2. Biotechnology: Food Fermentation by VK Joshi & Ashok Pandey
3. Comprehensive Biotechnology by Moo and young (4 volumes)

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1; Know various concepts and history of fermentation

CO2: Know types of fermentation and the classification of microorganisms

CO3: Understand about growth of microorganisms

CO4: Know the utilization of a fermentor at commercial level

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) SEMESTER-V
COURSE CODE: BFST31- 502
COURSE TITLE: FOOD PACKAGING – I

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students shall be aware of packaging, properties of packaging material, packaging design, packaging containers, structure and properties of different packaging materials, use of metal in packaging, various types of lacquers used

COURSE CONTENTS:

Theory:

UNIT-I

Packaging Technology: Definitions, functions of packaging. Properties of packaging material in relation to these functions, package design, Tests for flexible packaging materials , different levels of packaging, materials used in packaging, types of containers-primary & secondary, flexible & rigid, hermetic & non hermetic.

UNIT-II

Packaging materials :Wood- structure, types, properties and wooden containers used in packaging, types of wooden boxes

paper and paper board- structure, making, properties ,types and uses of paper and paper board, CFB boxes and their comparison with wooden containers

Glass – composition ,properties,structure,types & manufacture of glass containers, their uses, breakage in glass , closure for glass containers.

UNIT-III

Metals- properties of metals, different metals used in food packaging, steel plate and functions of various constituents of steel, formation of two piece and three piece cans, tinning process, tin free steel, aluminium containers , lacquering –type and applications, aluminium foil ,corrosion of metal cans.

Practicals:

1. To determine basis weight of paper and paper board
2. To determine thickness of paper and paper board
3. To determine Cobb's value of a paper board
4. To find out the uniformity and amount of wax on wax paper
5. To determine the thermal shock resistance of a glass container
6. To find out the porosity of tin plate.
7. To find out the tin coating weight.
8. To identify the different types of packaging materials

BOOKS PRESCRIBED:

1. Food Packaging Materials – M. T. Crosby.
2. Food Packaging Materials – M. Mahadevish R.V. Gowramma.
3. Food Packaging – Stanley Sacharow
4. Food Packaging –Principles & Practices _ Gordon L. Robertson
5. A Handbook of Food Packaging, Frank – A – Paine, Heather Y. Paine

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Understand role of packaging in food industry

CO2: Understand about different packaging materials used in food industry

CO3: Learn how different packaging material are manufactured for food industry

CO4: Know about specific packaging material requirement according to the food

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER – V
COURSE CODE: BFST31 – 503
COURSE TITLE: CONFECTIONERY & SUGAR TECHNOLOGY

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will know about composition, characteristics and extraction of cane juice, Sugar manufacture, byproducts of sugar industry, deterioration of sugar, preparation of various types of confectionary items.

COURSE CONTENTS:

Theory:

UNIT-I

Composition and characteristics of cane Juice, Cane Juice extraction. Manufacturing of sugar.

UNIT-II

Deterioration of sugars during storage & transportation and its prevention, By-products of sugar industry and their utilization.

UNIT-III

Classification of confectionary. Hard and soft boiled sugar confectionary: fondant, fudge, caramel, toffee butterscotch, Sugar panning, hard boiled candy.

Practicals:

1. Quality testing of raw as well as finished products of confectionary.
2. Preparation of: 1. candies, 2.caramel 3.toffees.
3. Collection of various types of confectionary packages.
4. Determination of sugar in confectionary product by saccharometer.
5. Determination of refractive index of sugar – solutions of different consistencies.
6. Organoleptic testing of different confectionary products.
7. Visit to sugar and confectionary industry.

BOOKS PRESCRIBED:

1. Chocolate, Cocoa and Confectionary: Science & Technology by Minife, 1997, AVI Publishing Co., New York.
2. Handbook of Cane Sugar Technology by Mathur RBL, 1986, Oxford & IBH Publishing Co., New Delhi.
3. The Science of Cookie & Cracker Production by Faridi H., 1994, Chapman & Hall, UK.

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Know about composition and properties of cane juice

CO2: Understand manufacturing process of sugar

CO3: Learn about problems encountered during the use of by products from sugar industry

CO4: Identify various confectionary products available in market

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER – V

COURSE CODE: BFST31 – 504

COURSE TITLE: OIL & FAT TECHNOLOGY - I

Credit Hours (Per Week): 06

(T=3, P=3 Total=6)

Total Hours:90

Time: 3 Hours

Max. Marks: 80

Theory Marks: 40

Practical Marks: 20

Internal Assessment: 20

INSTRUCTIONS FOR THE PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students shall understand nomenclature of oils and fats, their properties, nutrition, extraction process, Problems during storage.

COURSE CONTENTS:

Theory:

UNIT-I

Introduction to oils and fats and their nomenclature.

Physical and chemical Properties of fats and oils.

UNIT-II

Nutritional importance of oils and fats.

Source and physico-chemical properties of following oils:-

1. Animal – Butter oil, lard and tallow.
2. Plant – Groundnut, Sunflower, Soybean and Coconut oil.

UNIT-III

Extraction of oils/fats.

Problems during storage – rancidity, reversion.

Practicals:

1. To determine moisture content of oilseed.
2. To determine FFA of oil.
3. Determination of Iodine Value, R.M. Value and Polenske Value.
4. To determine Saponification value, anisidine value and peroxide value of oil.
5. Determination of melting point of fats.
6. Detection of sesame oil in vanaspati by furfural test.
7. Detection of adulteration with mineral oil, Cotton seed oil or Ground nut oil.
8. Organoleptic evaluation of fats and oils
9. Visit to vegetable oils industry.

BOOKS PRESCRIBED:

1. Food Chemistry by Meyer LH, 2006, CBS Publisher, New Delhi
2. Food Science by Potter NN, 5th Ed, 2006, CBS Publisher, New Delhi
3. Food Oils & Fats: Technology, Utilization and Nutrition by Lawson H, 1995, CBS Publisher, New Delhi.

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Understand nomenclature and physicochemical properties of oils & fats

CO2: Know about nutrition involve in oils and fats

CO3: Learn different extraction methods of oils and fats

CO4: Get aware of various storage issues of oils and fats

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.)- SEMESTER V
COURSE CODE: BFST31 – 505
COURSE TITLE: PROCESSING OF MILK PRODUCTS – II

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR THE PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical: – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will know about classification, preparation, composition, standards of cheese, paneer, channa, condensed milk, evaporated milk, dried milk, icecream, khoa, indigenous milk products

COURSE CONTENTS:

Theory:

UNIT-I

Cheese: Classification of cheese. Quality of milk for cheese making.

Preparation method of cheddar cheese.

Paneer and Channa: Manufacturing processes.

UNIT-II

Condensed and evaporated milk: Definition, composition & standards. Condensing operations.

Dried milk products: Introduction, objects of production, standards and composition. Preparation of dried milk and milk powder by roller and spray drying methods. Packaging and storage. Malted milk powders and infant milk food.

UNIT-III

Ice Cream: Different types of ice creams and their composition. BIS requirements of ice-cream, Ingredients used and their role in processing. Manufacturing process. Defects of ice cream, their causes and remedies.

Indigenous milk products: Kulfi, Srikhand, Lassi and Rabri.

Khoa : Preparation of Khoa, Physico-chemical changes in milk on its conversion into khoa. Shelf life of khoa. BIS and legal standards of different milk products.

Practicals:

1. Preparation of flavored milk.
2. Preparation of Khoa.
3. Preparation of Paneer and Channa.
4. Preparation of common varieties of ice-cream.
5. Visit to different milk plants to learn about milk condensing and drying operations.
6. Visit N.D.R.I., Karnal.

BOOKS PRESCRIBED:

1. Outlines of Dairy Technology by Sukumar De,1980, Oxford University Press, UK
2. Milk & Milk Products by Eckles, Combs, Hennery C, and Wiles C,1997, Tata McGraw Hill Publishers,USA.
3. Principles of Dairy Processing by Warner JN, 1976, Wiley Science Publishers, USA

COURSE OUTCOMES: On completing the course, the students will be able to:

- CO1: Know about varieties of milk products available in the market
- CO2: Learn about manufacturing methods of different milk products
- CO3: Know about various standards of milk products
- CO4: Identify various defects that may occur in milk products

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.)- SEMESTER VI
COURSE CODE: BFST32 – 601
COURSE TITLE: QUALITY ASSURANCE

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR THE PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical:– Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will understand Quality control, quality attributes important in food, texture analysis of food, rheology and viscous nature of food products, Sensory evaluation, sampling techniques, quality evaluation of different food products.

COURSE CONTENTS:

Theory:

UNIT-I

Introduction: Definition, importance and functions of quality control.

Quality attributes of foods:

Colour- Importance, methods of colour measurement by Munsell colour system, Hunter colour system and spectrophotometer.

Size and shape- Importance, methods of measurement i.e. weight, volume, weight to volume ratio, symmetry, curvature and area.

UNIT-II

Texture: Importance, classification of textural properties, working principles of texture instruments i.e. texture profile analyzer, fruit pressure tester, fibrometer and Kramer shear press.

Rheology and viscosity- Importance, classification of newtonian and non-newtonian fluids.

Sensory evaluation- Definition, importance of sensory evaluation, sensory evaluation tests i.e. Difference tests, Ranking tests and Sensitivity tests.

UNIT-III

Sampling- Definition and importance of sampling in food industry, techniques of sampling – random sampling, purposive sampling and systematic sampling.

Methods of quality assessment of food materials:

Fruits and vegetables: Physical and chemical parameters of fresh fruits and vegetables, quality assessment of canned fruits and vegetables.

Cereals: Physical and chemical parameters to determine quality of wheat flour.

Dairy: Physical and chemical parameters to determine quality of raw, pasteurized milk, butter and skim milk powder.

Eggs: External and internal quality parameters, grading of eggs.

Poultry and Meat: Physical and chemical parameters of poultry and meat.

Practicals:

1. Quality evaluation of milk & milk products.
2. Quality evaluation of cereals.
3. Quality evaluation of fruits and vegetables.
4. Quality evaluation of Oils & Fats.
5. Quality evaluation of Meat & Poultry.
6. Adulterants in milk, cereals, oils & fats and their detection.

BOOKS PRESCRIBED:

1. Quality Control for Food Industry by Kramer A, Twigg BA, 1970, AVI Publishers, USA.
2. Handbook of Analysis and Quality Control for Fruits & Veg. Products by Ranganna S, 2nd Ed., 2000, Tata McGraw Hill, New Delhi.
3. Food Science by Potter NN, 5th Ed, 2006, CBS Publishers New Delhi

COURSE OUTCOMES: On completing the course, the students will be able to:

- CO1: Familiarize with concept of food quality and significance in life
- CO2: Understand food quality characteristics and instrumentation involved
- CO3: Know about sampling and sampling methods in food
- CO4: Learn about sensory analysis

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER – VI
COURSE CODE: BFST32 – 602
COURSE TITLE: GRAIN STORAGE

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR THE PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical:– Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Different infestation of food grains, Problems and deterioration during grain storage, Control of infestation, Toxic contaminants present in food grains, pesticidal residue and permissible limits, role of moisture in causing deterioration of food grains, sanitation and hygienic practices.

COURSE CONTENTS:

Theory :

UNIT-I

General problems of storage. Sources and detection of infestation in stored food grains.

Causes, types and content deterioration in stored food grains and methods to check them. Traditional and modern methods of bag and bulk storage.

UNIT-II

Insect pest of stored grain. Chemical, non chemical and integrated methods of controlling stored grain insect pest.

Toxic contamination in good grains, their ill effects.

UNIT-III

Pesticidal contamination tolerance limits, residue and precautions of safe handling of pesticides.

Cleaning aeration and drying of stored products at farmers, commercial and Govt. levels.

Role of moisture in spoilage of stored grains. Categorization of food grains for storage, Principle of godown sanitation and hygiene.

Practicals:

1. To study various insect pests of grains.
2. To study the quality tests for grains.
3. To store the grains and check its shelf life.
4. To study the various pesticides used for grain storage.
5. To study the effect of moisture on spoilage of grains.
6. Visit to grain storage godowns.

BOOKS PRESCRIBED:

1. Introduction of Insect – By Metalf & Lukemann.
2. Pesticides and Pollution – By Mollan.

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Understand storage problems of food grains

CO2: Learn about the toxicity of food grains and insect infestation

CO3: Be aware of sanitation, cleaning and hygiene in food storage

CO4: Know about legal regulations for usage of pesticides

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER – VI

COURSE CODE: BFST32 – 603

COURSE TITLE: FOOD PACKAGING-II

Credit Hours (Per Week): 06

(T=3, P=3 Total=6)

Total Hours:90

Time: 3 Hours

Max. Marks: 80

Theory Marks: 40

Practical Marks: 20

Internal Assessment: 20

INSTRUCTIONS FOR THE PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical: – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will get to know about types and use of plastics in food, their properties, plastic containers, different packaging techniques, various packaging material for various food products, Suitable waste disposal obtained from packaging technology

COURSE CONTENTS:

Theory:

UNIT-I

Plastics-thermoplastics&thermosets

Polyethylene, polypropylene, polyvinylchloride, polyvinylidenechloride, polyester, polystyrene & polyamide, rubber hydrochloride (properties and uses)

polymerization and processing of plastics-compression moulding, injection moulding, blow moulding, thermoforming and extrusion,coextrusion,calendaring, orientation.

UNIT-II

Plastic containers-bottles, cans, jars, cups, tubes ,cartons, retort pouch, laminates cellophane –preparation , properties and uses biodegradable plastics

Aseptic packaging, shrink packaging ,gas packaging , vacuum and modified atmosphere packaging

UNIT-III

Techniques & methods used for Packaging of cereals and cereal product, fruits and vegetables & their products , milk and milk products and meat and meat products , beverages Shelf life evaluation of packed products

Food packaging & environment-recycling, composting, thermal treatment & land fill.

Practicals:

1. To determine the sorption isotherm of a given sample of food.
2. Shelf life studies of packaging foods.
3. To determine grease resistance of packaging materials.
4. To see the chemical resistance of packaging material.
5. Determination of water vapour transmission rate of various packaging materials
6. Identification of packaging materials
7. To study the different layers of a laminate
8. Visit to various industries, dealing with food packaging materials like / paper, board and metal cans.

RECOMMENDED BOOKS:

1. Food Packaging Materials – M. T. Crosby.
2. Food Packaging Materials – M. Mahadevish R.V. Gowramma.
3. Food Packaging – Stanley Sacharow
4. Food Packaging – Principles & Practices _ Gordon L. Robertson
5. A Handbook of Food Packaging, Frank – A – Paine, Heather Y. Paine

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Know about different types of plastics and suitable properties used for foods

CO2: Learn about the technological aspect of packaging material in food industry

CO3: Get knowledge about various advanced packaging techniques

CO4: Understand eco friendly disposal of packaging materials generated from food industry.

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER – VI
COURSE CODE: BFST32 – 604
COURSE TITLE: SPICES & FLAVOUR TECHNOLOGY

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR THE PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical: – Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will understand classification, composition, processing of white pepper, cryomilling of spices, spice oleoresin, emulsions, flavoring components, Processing of coffee from cocoa beans, stability of flavors

COURSE CONTENTS:

Theory:

UNIT-I

Classification & use of spices
Chemical constituents of spices.
Processing of white pepper.
Dehydration products of onion, garlic.

UNIT-II

Cryomilling of spices.
Spice oleoresins and spice emulsion.
Packaging of spices and spice products.
Microbial contamination and insect infestation in spices and its control.

UNIT-III

Classification of flavouring compounds.
Processing of Cocoa and Coffee.
Stability of flavourings.

Practicals:

1. Determination of moisture in ground spices.
2. Determination of total ash in spices.
3. Determination of extraneous matter in spices.
4. Determination of pungency rating (Scoville method) in Red Pepper.
5. Adulteration tests for different spices.
6. Organoleptic evaluation of flavours.
7. Identification of Saffron by sulphuric – diphenylamine test.

BOOKS PRESCRIBED:

1. Handbook of Spices by Peter K.V.2001, Woodhead Publishers, UK.
2. Spices and Condiments by Pruthi, J.S., 1976, NBT India.
3. Spice Statistics by Spices Board 2007, GOI, Cochin.

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Know about various spices, classification, chemistry and processing methods

CO2: Handle the microbial infestation during storage of spices

CO3: Understand various food flavorings and their stability

CO4: Learn manufacture of coffee from cocoa beans

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER – VI
COURSE CODE: BFST32 – 605
COURSE TITLE: TECHNOLOGY OF FERMENTED FOODS

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR THE PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical:– Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Course will describe manufacture of various fermented products from different types of food-Milk, Legume, Fresh produce, meat. Alcoholic beverages.

COURSE CONTENTS:

Theory:

UNIT -I

Introduction: Concept of fermented foods, Scope & development in fermented foods & beverage industry. Benefits of fermented foods

Fermented milk products :

Curd, Yoghurt, Acidophilic milk, Bulgarian milk, Koumiss and Kefir

UNIT-II

Legume products :

soy sauce, miso, tempeh, idli,

Fruit and Vegetable products:

Sauerkraut, Kimchi, Cucumber pickles,

UNIT-III

Meat products:

Fermented meat sausages.

Alcoholic beverages:

Beer, wine, vinegar,

Practicals :

Preparation of following fermented foods in the laboratory and study their spoilage:
Sauerkraut, Pickles, Cheese, Yoghurt
Idli, Fruit Wine, Dosa

BOOKS PRESCRIBED:

1. Industrial-Microbiology by Prescott & Dunn
2. Indigenous fermented foods by Steinkraus

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Know about microflora important in preparation of different fermented products

CO2: Learn about manufacturing process of different fermented products

CO3: Understand changes take place during manufacture of different fermented products

CO4: Be aware of microbiology in different fermented products

(Signature)

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER - VI
COURSE CODE: BFST32 – 606
COURSE TITLE: IN PLANT TRAINING 4 WEEKS

CREDITS (per week):06

TOTAL HOURS: 24

Time: 4 weeks

Satisfactory/US

LEARNING OBJECTIVES:

Exposure of students to practical application of food technology help them fetch good job opportunities.

Students will get to know about the expertise they can get in a particular industry

All the students are required to undergo ‘In Plant Training’ for 4 weeks in a food processing unit after 6th semester’s final examinations.

Final degree to the students will be awarded subject to their successfully completing the ‘In Plant Training’.

In Plant Training will be evaluated as satisfactory / unsatisfactory internally by the department of the college concerned.

Last date for submission of Training Report: within 1 week after coming from training.

(Signature)

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER – VII
COURSE CODE: BFST41–701
COURSE TITLE: FOOD SAFETY & FOOD LAWS

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR THE PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical:– Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Course will help students to understand about importance of food safety, various hazards in food that may compromise food safety, various management tools to improve food safety at various levels. Rules and regulations involved in food business by taking virtue of various food laws.

COURSE CONTENTS:

Theory:

UNIT-I

INTRODUCTION TO FOOD SAFETY

Definition, Historical background of food safety, Factors affecting Food Safety, Importance of Safe Foods.

UNIT-II

FOOD HAZARDS OF PHYSICAL, CHEMICAL AND BIOLOGICAL ORIGIN

Introduction, Physical Hazards with common examples, Chemical Hazards (naturally occurring environmental and intentionally added and contaminants due to processing), Seafood and Shell fish poisoning, Microbiological hazards (Bacterial and Fungal).

UNIT-III

FOOD SAFETY MANAGEMENT TOOLS

Prerequisites of food hygiene- GHPs ,GMPs, HACCP, TQM - concept and need for quality, Microbiological tests for food safety related to (*Coliforms, Listeria, Staphylococci and Salmonella*) , definition and principles of risk Analysis. Steps involved in implementation of food safety programme. Food safety laws and regulations (FSSAI). New approaches to food safety.

Practicals

1. Detection and estimation of food additives and adulterants.
2. Preparation of HACCP charts for meat industry.
3. Preparation of HACCP charts for dairy industry.
4. Preparation of HACCP charts for fruits and vegetable industry.
5. Preparation of HACCP charts for cereal industry.
6. Analysis of aflatoxins in fungal contaminated food product.
7. Visit to Food Industries.

BOOKS PRESCRIBED:

1. Adam MR and Moss MO Food microbiology New Age International (P) Ltd. ND Jay JM Modern Food Microbiology CBS publishers ND Potter NN Food Science CBS, Publishers ND
2. Bhunia AK Food borne Microbial Pathogens (Mechanism and Pathogenesis) Food Science text series Springer Food Safety by Ian C Shaw: Publisher Wiley Blackwell

COURSE OUTCOMES: On completing the course, the students will be able to:

- CO1: Implement concept of food safety at home and commercial level
- CO2: Identify different risks associated with food that may compromise food safety
- CO3: Learn about safety management tools associated with food
- CO4: Be aware of legal regulations involved in food safety

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER – VII
COURSE CODE: BFST41–702
COURSE TITLE: INDUSTRIAL MICROBIOLOGY

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical:– Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will know about various industrially important microorganisms, different types of industrial fermentation, Production of various commercial products using microorganisms, use of by-products for fermentation at industrial level, Recovery and purification of biosynthetic products.

COURSE CONTENTS:

Theory:

UNIT -I

Introduction, Scope and Historical development of industrial microbiology, Methods of Isolation, Screening, improvement & maintenance of industrially important microorganisms,

UNIT -II

Scale up of fermentations, Different types of industrial fermentors, Substrates for industrial fermentation, Principles and Production of citric acid, lactic acid, amino acids, alcohol for fuel, Single cell protein, enzymes (general) and vitamins (Riboflavin, carotenes and B₁₂),

UNIT -III

Utilization of cheap agricultural by-products/wastes for industrial fermentation, Downstream processing: Centrifugation, filtration, precipitation, extraction, drying, cell disruption.

Practicals:

1. Isolation of amylolytic microorganisms from a source
2. Isolation of cellulolytic microorganism from soil
3. Maintenance of industrial microorganisms by various methods
4. Production of lactic acid in the laboratory
5. Production of ethanol in the laboratory
6. Determination of alcohol strength by potassium dichromate method
7. Alcohol determination by specific gravity method

BOOKS PRESCRIBED:

1. Industrial-Microbiology by Prescott & Dunn
2. Industrial Microbiology by Casida
3. Principles of Fermentation technology by Stanbury and Whittaker
4. Biotechnology: Food Fermentation by VK Joshi & Ashok Pandey
5. Biotechnology: Food Fermentation by VK Joshi & Ashok Pandey

COURSE OUTCOMES: On completing the course, the students will be able to:

- CO1: Understand the use of microorganisms for making different food products
CO2: Know about various types of fermentation techniques
CO3: Utilize waste material to make useful products using microorganisms
CO4: Be aware of various methods of isolating products and microorganisms for further utilization

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER – VII
COURSE CODE: BFST41–703
COURSE TITLE: OIL & FAT TECHNOLOGY-II

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR THE PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical:– Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will know about various refining steps involved, hydrogenation, fractionation, physical refining, manufacture of various oil based products, quality evaluation, packaging, storage of oils and fats, utilization of by-products of oil processing plants

COURSE CONTENTS:

Theory:

UNIT-I

Refining: degumming, choice of alkali, batch and continuous refining,
Bleaching: choice of adsorbent, batch and continuous bleaching.
Deodorization: process parameters : batch and continuous processing

UNIT-II

Hydrogenation of oils: mechanism, process parameters and batch processing.
Fractionation and winterization of oils.
Alternative processing methods: PCT (physical cleaning techniques)

UNIT-III

Manufacture of margarine, shortenings, salad dressings & mayonnaise.
Quality assessment tests for fats and oils.
Packing and storage of fats and oils.
Functions of oils and fats in foods processing: Frying, Cooking, Baking.
By products of oil processing: soap and lecithin

Practicals:

1. Detection of sesame oil in vanaspati by furfural test.
2. To determine fat, moisture and salt content of margarine and butter.
3. To carry out refining and bleaching of oil in lab
4. To estimate colour of oil.
5. To determine phospholipid content of oils.
6. To perform melting point, SFI on shortenings

BOOKS PRESCRIBED:

1. Food Chemistry by Meyer LH, 2006, CBS Publisher, New Delhi
2. Food Science by Potter NN, 5th Ed, 2006, CBS Publisher, New Delhi
3. Food Oils & Fats: Technology, Utilization and Nutrition by Lawson H, 1995, CBS Publisher, New Delhi

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Understand different refining techniques used in oils and fats industry

CO2: Know about advanced technology in refining process

CO3: Quality assessment of fats and oils

CO4: Be aware about packaging requirements of oils and byproducts obtained from oil and fats

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER – VII
COURSE CODE: BFST41–704
COURSE TITLE: FOOD ENGINEERING-I

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR THE PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical:– Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students shall understand about various units and measurements involved, engineering of dehydration, psychrometric calculations, Various aspects of heat transfer with engineering Involved, heat exchanger and their working, evaporation and filtration techniques.

COURSE CONTENTS:

THEORY:

UNIT-I

UNITS AND MEASUREMENTS: Brief introduction to dimensions, fundamental units and derived units. Systems of measurement-fps, cgs, mks, SI units.

DEHYDRATION: Moisture-dry and wet basis, free and bound, critical moisture content and equilibrium moisture content, drying theory and drying rate curves, drying time, mechanical drying by using tray dryer, conveyer dryer, rotary dryer, drum dryer, fluidized bed dryer, spray dryer, vacuum dryer, and freeze dryer.

PSYCHROMETRY: Psychrometric properties and psychrometric chart Determination of humidity, relative humidity, dry bulb temperature, wet bulb temperature and dew point.

UNIT-II

PRINCIPLES OF HEAT TRANSFER: Steady and unsteady heat transfer.

Conductive heat transfer-Fourier's law, thermal conductivity, conduction through rectangular slab, hollow cylinder, spherical shell, composite rectangular wall (series), and composite cylinder.

Convective heat transfer-convective heat transfer coefficient, free and forced convection, overall heat transfer coefficient. Radiative heat transfer-Stefen Boltzman law, Radiative heat transfer in two objects

HEAT EXCHANGERS: Steam injection and steam infusion. Tubular, scrapped surface, plate heat, shell and tube heat exchangers.

UNIT-III

EVAPORATION: Parts of evaporator, single effect and multiple effect evaporator, different types of evaporators, steam economy, design of evaporator, thermal and mechanical vapor recompression system.

FILTRATION: Introduction, filtration theory, types of filtration, filtration equipments-pressure filters and vacuum filter.

Practicals:

- Study of psychometric chart-use and applications.
- Determination of moisture content on wet and dry basis
- Study of dehydration characteristics of different food materials.
- To determine the EMC of a food product.
- To study the working principle of an evaporator.
- Determination of thermal conductivity of a food.
- To study the different modes of heat transfer in foods.
- Shelf life evaluation of a food product.

BOOKS PRESCRIBED:

- Fundamentals of food engineering by Radha Charan Verma, Sanjay Kumar Jain-Himanshu Publications.
- Fundamentals of food processing engineering by Romeo T Taledo, CBS Publications.
- Introduction to food engineering by R Paul Singh and Dennis R Heldman-Academic press London
- Unit operations of chemical engineering by McCabe and Smith, McGraw Hill, New Delhi.
- Unit operations of Agriculture Processing by K M Sahay and K K Singh, Vikas Publishers.
- Experimental Methods in food engineering by Rizvi and Mittal, CBS Publishers

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Understand engineering mechanisms involved in food industry

CO2: Apply physical principles to understand food components are processed

CO3: Application of basic mathematical and principles to food processing issues.

CO4: Describe theories of various techniques: Heat exchange, Dehydration, filtration etc.

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER – VII
COURSE CODE: BFST41–705
COURSE TITLE: MALTING & BREWING TECHNOLOGY

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical:– Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Course will give Information on barley grain structure, changes in grain on modification for utilisation in beer making, science involved in malt making, detailed beer manufacture process, types of fermentation, types of beers.

COURSE CONTENTS:

Theory:

UNIT – I

Composition and structure of barley, Preparation and storage of barley for malting Characteristics of barley for malting, Malting operations : Steeping, germination, kilning and modification, Composition of malt.

UNIT – II

Brewing operations, Grinding, Mashing : changes during mashing, Filtration of wort
Sparging and boiling, changes during boiling, Hops, selection of hops, Acidification of mash, Wort cooling.

UNIT – III

Beer manufacturing, Wort production, Fermentation, Pasteurization, Types and characteristics of beer.

Practicals:

1. Determination of moisture content of barley.
2. To determine the seed germination capacity of barley.
3. Determination of % protein content of barley.
4. Determination of amount of husk in barley.
5. Preparation of malt.
6. To determine the length of acrospires.
7. Determination of Total Soluble Solids and Total Solids of malt.
8. Determination of % reducing sugars in malt.

BOOKS PRESCRIBED:

1. Malting and Brewing Science Vol. I: Lewis and Young (1981).
2. Malting and Brewing Science Vol. II: Lewis and Young (1982).

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Know about role of raw material in affecting quality of finished beer

CO2: Understand various operations involved in malt making and beer making

CO3: Learn different modern techniques involved in beer manufacturing

CO4: Know about various biochemical changes that happens during beer manufacture

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER – VIII
COURSE CODE: BFST42–801
COURSE TITLE: FOOD BIOTECHNOLOGY

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical:– Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Course will tell about components of Molecular Biotechnology, Different types of chain reactions, nutritional and functional quality improvement of plants, incorporation of human milk protein in food plant, manipulation of fruit ripening, GMF future trends and risk to human health and environment.

COURSE CONTENTS:

UNIT-I

Introduction:

Components of Molecular Biotechnology, Recombinant DNA Technology, Restriction Endonucleases, Cloning Vectors, Polymerase Chain Reaction, Ligase chain reaction

UNIT-II

Applications of Food Biotechnology:

Plant Biotechnology for Food Production, Improvement of Plant Nutritional and Functional Quality, Plant Proteins, Lipids, Saturated Fatty Acids, Unsaturated Fatty Acids, Carbohydrates, Plant Vaccines, Milk Proteins, Reconstitution of Human Milk Proteins in Food Plants, Carotenoids, Vitamins, Minerals, Manipulation of Fruit Ripening,

UNIT-III

Genetic Modification of microorganisms and crops:

Genetically modified crops for food production, Future trend of GM crops, Food ingredients, processing aids, dietary supplements derived from GM microorganisms, Risk of GMOs and GM Foods to Human Health and Environment

Practicals:

1. Isolation of DNA from micro-organisms.
2. Isolation of RNA from yeast cells.
3. Colorimetric estimation of DNA.
4. Colorimetric estimation of RNA.
5. Demonstration of PCR.
6. Demonstration of tissue culturing in Lab.
7. Digestion of DNA by Restriction Endonucleases
8. Making & Selection of competent E. coli

BOOKS PRESCRIBED:

1. Lopez G.F.G and Canovas G.V.B. Food Science and Food biotechnology CRC press
2. Fundamentals of Food Biotechnology by Byong H. Lee: Wiley VCH
3. Tripathy S. N. Food Biotechnology Dominant Publishers and distributors ND Singh R.P. Biotechnology Central Book depot Allahabad

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Learn basic knowledge about the applications of Biotechnology in the food industry.

CO2: Learn about Components of biotechnology and types of chain reactions

CO3: Be aware of new biotechnological strategies for processing of food products.

CO4: Understand GMP and technology involved, Health risks and environment concern

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER – VIII
COURSE CODE: BFST42–802
COURSE TITLE: ENZYMES IN FOOD PROCESSING

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR THE PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical:– Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Course will describe various enzymes used in food technology, their working mechanisms, function of enzymes in manufacture of various food products, Utilization of various enzymes at commercial level to produce different food products.

COURSE CONTENTS:

Theory:-

UNIT I

Enzymes– classification, properties and mechanism of enzyme action.

Enzymes for production of maltodextrins and corn syrup solids (liquefaction, saccharification, dextrinization, isomerization for production of high-fructose-corn-syrup).

UNIT II

Enzymes in dairy industry: natural enzymes in milk, lactose intolerance, Role of enzymes in cheese making and whey processing.

Fruit juices: Cell wall degrading enzymes for liquefaction, clarification, debittering and decolourization
Immobilized enzyme technology.

UNIT III

Baking: fungal α -amylase for bread making; maltogenic α -amylases for anti-staling; lipases as dough conditioners.

Meat and meat processing : meat tenderization; egg processing.

Practicals:

1. To study the effect of temperature on enzyme activity.
2. To study the effect of substrate concentration on enzyme activity.
3. Determination of enzyme activity of α -amylase in starch hydrolysis.
4. Determination of lipase activity of lipids.
5. To demonstrate the effects of papain enzymes in meat tenderization.
6. Determination of catalase activity of hydrogen peroxide production.
7. Determination of oxidase activity of given sample.
8. Clarification of juices using enzymes.
9. To determine the adequacy of pasteurization in milk.

Books Recommended:

1. Flickinger MC & Drew SW. 1999. Encyclopedia of Bioprocess Technology. A Wiley- Inter Science Publ.
2. Kruger JE. et al. 1987. Enzymes and their Role in Cereal Technology. American Association of Cereal Chemists Inc.
3. Nagodawithana T & Reed G. 1993. Enzymes in Food Processing. Academic Press.
4. Tucker GA & Woods LFJ. 1991. Enzymes in Food Processing.
5. Whitehurst R & Law B. 2002. Enzymes in Food Technology. Blackwell Publ.

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Know the mechanism and classification of enzymes

CO2: Study chemical reactions in different kind of food products.

CO3: Utilize different enzymes in different food industries commercially.

CO4: In vivo production of enzymes

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER – VIII
COURSE CODE: BFST42–803
COURSE TITLE: FOOD ENGINEERING -II

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical:– Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will understand engineering aspect of various food processing techniques like freezing, refrigeration, fluid flow mechanics. Different types of pumps and their working mechanisms, size reduction and screening mechanism

COURSE CONTENTS:

Theory:-

UNIT-I

REFRIGERATION :Components of Refrigeration system, refrigeration cycle and refrigeration load, primary and secondary refrigerants.

FREEZING: Direct and indirect contact freezing, freezing time calculation.

UNIT-II

FLUID FLOW: Properties of fluid- density, pressure, surface tension and viscosity. Newtonian and non Newtonian fluids, laminar and turbulent fluid, Reynold's number,

Equation of continuity, Bernoulli's theorem, Poiseuille's equation-viscosity measurement in tube, manometer, flow measuring devices-Pitot tube, Venturimeter, orifice meter.

PUMPS: Definition, classification, positive displacement and centrifugal pumps, factors affecting choice of a pump.

UNIT-III

SIZE REDUCTION: Definition and requirements of size reduction, forces used in size reduction, equipments for size reduction-crushing rolls, hammer mill, disc attrition mill, buhr mill, tumbling mill- ball and rod mill. Critical speed in a tumbling mill. Modes of operation, energy requirements for comminution of solids-Rittenger's law, Kick's law and Bond's law. **SCREENING:** Types of screens-grizzly, trammels, vibrating screens, screen openings, and aperture, perforated metal screens and wire mesh screens, factors affecting screening.

Practicals:

1. To calculate the refrigeration load in cold storage plant.
2. To determine the freezing time of a food.
3. Determination of relative viscosity of a liquid food.
4. Determination of coefficient of viscosity.
5. Determination of pressure drop by using manometer.
6. Determination of flow rate of a liquid.
7. To study the working principle and operation of a hammer mill.
8. To study the working principle and operation of a ball mill.
9. Determination of particle size of given flour sample using Sieve analysis.

Recommended books:

1. Fundamentals of food engineering by Radha Charan Verma, Sanjay Kumar Jain-Himanshu Publications.
2. Fundamentals of food processing engineering by Romeo T Taledo, CBS Publications.
3. Introduction to food engineering by R Paul Singh and Dennis R Heldman-Academic press London, UK.
4. Unit operations of chemical engineering by McCabe and Smith, McGraw Hill, New Delhi.
5. Unit operations of Agriculture Processing by K M Sahay and K K Singh, Vikas Publishers.
6. Experimental Methods in food engineering by Rizvi and Mittal, CBS Publishers

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Know about refrigeration system and calculation of freezing at industrial level

CO2: Learn about rheology of food products

CO3: Understand size reduction using different types of mills used in food industry.

CO4: Know working of various equipments used in food industry

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER – VIII
COURSE CODE: BFST42–804
COURSE TITLE: FOOD PLANT LAYOUT

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical:– Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Course will tell about designing of a layout for food industry, various considerations while setting up a plant at commercial level

COURSE CONTENTS:

Theory:

UNIT-I

Plant design concepts and general design considerations;

Plant location - location factors and their interaction with plant location, Importance of a plant layout selection of site and layouts of different food industries.

UNIT-II

Selection of building material, selection and planning of manufacturing process and service facilities. Process selection; process flow charts, selection of equipment and machinery; maintenance and replacement, depreciation of machinery.

UNIT-III

Management set up in a plant. Plant layout, layout symbols.

Practicals:

1. Preparation of layout and process diagram of potato crisp manufacturing plant.
2. Preparation of layout and process diagram of Jam/Marmalade manufacturing plant.
3. Preparation of layout and process diagram of Bread making plant.
4. Preparation of layout and process diagram of a dairy industry.
5. Preparation of layout and process diagram of wine making unit.
6. Preparation of layout and process diagram of a modern slaughter house.
7. Preparation of layout and process of diagram of a confectionary unit.
8. Calculation of depreciation of machinery and processing costs.

BOOKS PRESCRIBED:

1. Principle of Food Sanitation by Marriott, 5th Ed., 2006, CBS Publishers, New Delhi.
2. Food Processing Waste Management by Green JH and Kramer A, 1979, AVI Publishers, USA.
3. Food Science by Potter NN, 5th Ed., 2006, CBS Publishers, New Delhi.
4. Plant layout and material handling by Sharma S.C.
5. Plant layout & design by James Moore

COURSE OUTCOMES: On completing the course, the students will be able to:

CO1: Know about various factors that help design a food plant

CO2: Learn about different types of layouts according to desirability

CO3: Select appropriate machines, process or operations

according to food plant desirability

CO4: Understand different managerial set ups for a food plant

BACHELOR OF FOOD SCIENCE & TECHNOLOGY (HONS.) - SEMESTER – VIII
COURSE CODE: BFST42–805
COURSE TITLE: FOOD ANALYSIS & INSTRUMENTATION

Credit Hours (Per Week): 06
(T=3, P=3 Total=6)
Total Hours:90
Time: 3 Hours

Max. Marks: 80
Theory Marks: 40
Practical Marks: 20
Internal Assessment: 20

INSTRUCTIONS FOR THE PAPER SETTERS:

Theory: – Question paper will contain eight questions in all and students will be asked to attempt five questions. All questions will carry equal marks. Question no. 1 will be objective type and compulsory.

Practical:– Question Paper will be set with the mutual consent of Internal and External Examiners at the spot.

COURSE OBJECTIVES:

Students will get to know the importance of food analysis, working of various advanced instruments- Spectrophotometer, different types of chromatography, separation techniques, rheological techniques, textural analysis.

COURSE CONTENTS:

Theory:

UNIT I

Brief introduction and principles: Spectroscopic techniques using UV/Visible, polarimetry, refractometry, microscopic techniques in food analysis (light microscopy).

Electron microscopy: principle and brief introduction to types of electron microscopy (SEM, TEM): application of electron microscopy in food processing.

UNIT II

Principle and working of Column chromatography, Gas chromatography and High Pressure Liquid Chromatography.

Brief introduction and principles to Separation techniques: ultrafiltration and supercritical fluid extraction.

UNIT III

Brief introduction and principles to Special techniques: surface tension; thermal methods in food analysis (Differential scanning calorimetry). Texture analyzer, rheometer, hunter lab, amylograph and farinograph, calorimeter.

Practicals:

1. Sorption isotherms by measuring water activity in any hygroscopic food material (for instance - biscuits/potato chips/coffee powder).
2. Estimation of tannin/phytic acid/ pigments by spectrometric method.
3. Separation of amino acids/coal tar dyes by two dimensional paper chromatography.
4. Separation and identification of carotenoids by column chromatography.
5. Analysis of dietary fibre/glucose by enzymatic method.
6. Demonstration of instruments : GLC, HPLC, Atomic absorption, Flame photometer, Farinograph, UV-Vis spectrophotometer and microscopes.

BOOKS PRESCRIBED:

1. AOAC International. 2003. Official methods of analysis of AOAC International. 17th Ed. Gaithersburg, MD, USA, Association of Analytical Communities.
2. Kirk RS & Sawyer R. 1991. Pearson's Chemical Analysis of Foods. 9th Ed. Longman Scientific & Technical.
3. Nielsen S. (Eds.). 1994. Introduction to Chemical Analysis of Foods. Jones & Bartlett.
4. Pomrenz Y & Meloan CE. 1996. Food Analysis - Theory and Practice. 3rd Ed. CBS.
5. Ranganna S. 2001. Handbook of Analysis and Quality Control for Fruit and Vegetable Products. 2nd Ed. Tata-McGraw-Hill.

COURSE OUTCOMES:

On completing the course, the students will be able to:

CO1: Learn about advanced technologies used for analysis of food.

CO2: Know the working and applications of different instruments.

CO3: Interpret data obtained from instruments quality assessment.

CO4: Understand various changes that take place in food during processing using instruments.